

INDIAN RED CROSS SOCIETY





INDIAN RED CROSS SOCIETY

ANNUAL REPORT 2018-19

Indian Red Cross Society
is a National Federation
of over 1100 Red Cross Branches.

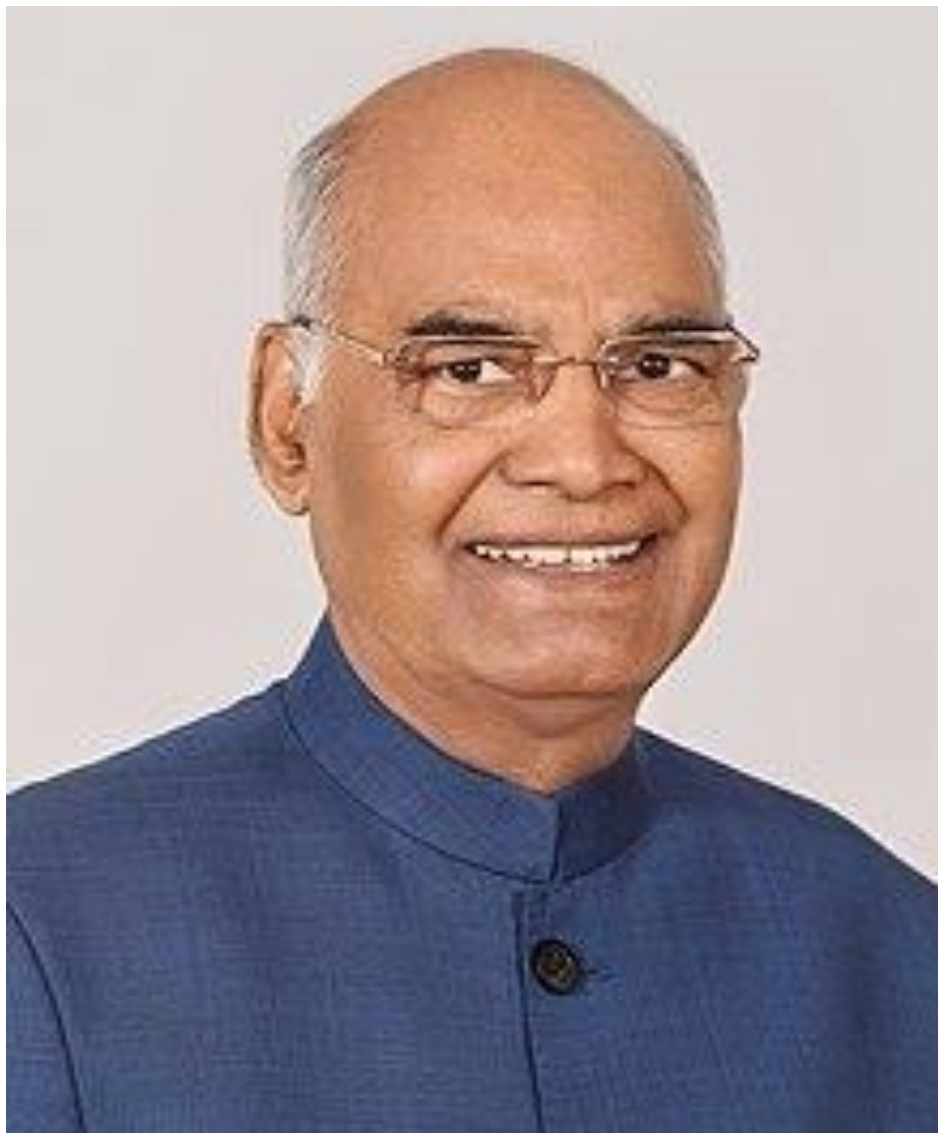
Neither the Headquarters
nor the branches
are by themselves the Society.

It is their collectivity
inter-woven together
that makes up the
Indian Red Cross Society.

They inspire, encourage and initiate
at all times, all forms
of humanitarian activities
so that

human suffering
be minimized, alleviated
even prevented

.... and thus contribute to creating
a more congenial climate for peace.



Shri Ram Nath Kovind
Hon'ble President



Dr Harsh Vardhan
Our Hon'ble Chairman

Managing Body 2018-19

Dr. Harsh Vardhan

Hon'ble Chairman

Nominated Members

1. Shri Avinash Rai Khanna
2. Dr. Tamilsai Soundarajan
3. Dr. S.S. Agarwal
4. Brig. (Retd.) Dr. B.D. Mishra
5. Dr. Samir Kumar Chaterjee
6. Dr. Krishna Murthi Bandhi

Vice Chairman

Elected Members

7. Mrs. Roma Wani,
8. Shri D.R. Sharma
9. Dr. Shyam Swaroop
10. Shri S. Balasubramanyam, IAS (Retd.)
11. Sri Basrur Rajeev Shetty
12. Dr. Harish L. Metha
13. Dr. Binay Bahadur Sinha
14. Sh. W.R. Marbaniang, IPS (Retd.)
15. Mrs Minati Choudhury/ Mrs T Y Das IAS (Retd)
16. Shri Gaurish M. Dhond
17. Dr. Bhavesh F. Acharya
18. Shri Vijay Kumar Singhal

Honorary Treasurer

Shri M.P. Gupta

Standing Counsel

Dr. Shailendra Sharma

Table of Contents

1. IRCS: An Introduction	1
2. Reports of the Major Activities for the Year 2018-19	1
• 1. Disaster Management... ..	1-2
• 1.1 Disaster Management & Relief Work.....	3
• 1.2 Disaster Response Gaja Cyclone.....	4
• 1.3 Kerala Floods.....	4-5
• 1.4 Relief Efforts by IRCS Team/ Volunteers... ..	5
• 1.5 Other Assistance/ Initiatives.....	5-7
• 1.6 Disaster Response Logistic Funds – Advances to Warehouses.....	8
3. 2.0 SERV Program.....	8-9
4. 3.0 Partners for Resilience (PFR) Program 2018	10-11
5. 4.0 WASH Program 2018	11-12
6. 5.0 International Cooperation	13-14
7. 6.0 Blood Bank	14-20
8. 7.0 IRCS –ICRC Cooperation Activity	21
9. Activities at glance - 2018- 2019	21-26
10. 8.0 Youth Program Brief Report... ..	27-28
11. 9.0 Health Programs.....	29-30
12. 10. Post Graduate Diploma in Disaster Preparedness and Rehabilitation.....	31-32
13. <i>M&CW programmes of IRCS, NHQ in Four Districts of Uttarakhand</i>	33-34
14. PFR Program 2018- Partners for Resilience.....	34

89th Annual Report 2018-19

REPORTS FROM STATE/UT BRANCHES

1. GUJARAT
2. GOA
3. KARNATAKA
4. ANDHRA PRADESH
5. TRIPURA
6. BIHAR
7. UTTARAKHAND
8. DELHI
9. MAHARASHTRA
10. HARYANA

Indian Red Cross Society: An Introduction

The Indian Red Cross is a voluntary humanitarian organization having a network of over 1100 branches throughout the country, providing relief in times of disasters/emergencies and promotes health & care of the vulnerable people and communities. It is a leading member of the largest independent humanitarian organization in the world, the International Red Cross & Red Crescent Movement. The movement has three main components, the International Committee of Red Cross (ICRC), 192 National Societies and International Federation of Red Cross and Red Crescent Societies.

The Mission of the Indian Red Cross is to inspire, encourage and initiate at all times all forms of humanitarian activities so that human suffering can be minimized and even prevented and thus contribute to creating more congenial climate for peace.

- Indian Red Cross Society (IRCS) was established in 1920 under the Indian Red Cross Society Act and incorporated under Parliament Act XV of 1920.
- The IRCS has 36 State / Union Territories Branches with their more than 1100 districts and sub district branches.
- Honorable President of India is the President and Hon'ble Union Health Minister is the Chairman of the Society.
- The Vice Chairman is elected by the members of the Managing Body.
- The National Managing Body consists of 19 members, including the Chairman.
- The Chairman and 6 members are nominated by the President. The remaining 12 are elected by the state and union territory branches through an electoral college.
- The Managing Body is responsible for governance and supervision of the functions of the society through several committees.
- The Secretary General is the Chief Executive of the Society.

Reports of the Major Activities for the Year 2018-2019

1.0 DISASTER MANAGEMENT

Disaster Management is defined as the organization and management of resources and responsibilities for dealing with all humanitarian aspects of emergencies, preparedness, response and recovery in order to reduce the impact of disasters.

A disaster is a sudden, calamitous event that seriously disrupts the functioning of a community or society and causes human, material, economic and environmental losses that may be beyond the community or society's ability to cope with, using its own resources. Although often caused by nature, disasters also have human origins

Disaster management aims to reduce or avoid the potential losses from hazards, assure prompt and appropriate assistance to victims of disaster and achieve rapid and effective recovery. There are three stages of the disaster risk management which are collectively called Disaster Management Cycle. Broadly, there are six phases in Disaster Management Cycle viz. Prevention, Mitigation, Preparedness, Response, Recovery and Reconstruction.

During the year April 2018 - March 2019, the IRCS National Headquarters responded to all kind of emergencies related to disaster management. A brief activity report is as follows:

1.1 Disaster Management and Relief Work

Indian Red Cross Society, National Headquarters responded effectively at the time of disaster with its relief supplies to the affected states & Union Territories through the Red Cross branches during the given period.

Sl No.	Items	Karantaka	Tripur a	UP	Rajasthan	Andhra Prades h	Gujarat	Odisha	West Bengal	Tamil Nadu	Bihar
1	Bed Sheet	500	800	100	100	750				500	
2	Cotton Blankets	900	800	100	100	950	100	1100	1000	500	
3	Woollen blankets								4000		2000
4	Dhotis	900	800			950		100		500	
5	Kitchen Sets	900	800	100	100	974	100			500	
6	Mosquito Nets	500	800	100		850			500		
7	Saree	900	800	100	100	950		600	500	500	
8	Towel	860	800	100	100	950		1100	500		
9	Plastic Buckets	1400	800	100	100	950		3100	1000	1000	
10	Tarpaulin Pcs		800	100	100	950	100	100	1000		
11	Tents	10				50					
12	Assorted garments			100	100				500		

In addition to the above, relief items were allocated to Jammu and Kashmir state branch in response to the displacement near the international border in Jammu and Kashmir. The total value of the relief support was INR 5,80,88,672.

1.2 Disaster Response Gaja Cyclone

Cyclone GAJA made its landfall during the early hours of the 16th of November when it hit six districts in the southern states of Tamil Nadu, namely Nagapattinam, Tiruvarur, Thanjavur, Pudukottai, Dindigul and Ramnad. The wind speed recorded was as high as 120 kmph at the time of its landfall. A major disaster was averted due to the elaborate preparedness measures taken by the government, in support with the civil society organizations. Approximately 150,000 vulnerable people were evacuated to relief camps along the coastal areas and fishermen were not allowed to go for fishing for their safety.

Despite elaborate preparedness measures, the wind speed and heavy rains caused deaths, damages to houses and public infrastructure.



Recipient of relief assistance through IRCS' distribution activities in Thiruvarur.

In response to this cyclone, Indian Red Cross Society National Headquarters dispatched the following relief material-

Shelter Tools Kits, Tarpaulin/ Plastic Sheeting / Ground Sheet, Mosquito Net, Family Tents, Kitchen Sets, Stove, Cotton Blanket, Towels, Ladies Saree, Plastic Buckets, Bed sheet.

Kitchen sets – 3500 Nos

Tarpaulins - 7000 Nos

Mosquito nets – 7000 Nos

1.3 KERALA FLOODS

The efforts and contributions of the Indian Red Cross Society towards Disaster Relief Operations during the Kerala floods are summarized in the subsequent paragraphs.



Water purifier installed at the site

On intimation of the relief requirements, the first batch of relief material comprising 100 family packs each containing nine items (Bed sheet, cotton/woolen blanket, sari, gents dhotis, mosquito net, kitchen set, towel, plastic bucket, and tarpaulin sheet), 200 tarpaulins with 1000 assorted clothes was dispatched to Kerala.

Relief material was released from Arakkonam and Vikhroli warehouses. The relief material was prepared for transportation by IRCS warehouses and airlifted by M/s Airbus from Arakkonam warehouse in Tamil Nadu and Vikhroli warehouse in Mumbai,

Maharashtra to Trivandrum airport through domestic airline operators. The airline operators also undertook the transportation of the relief items from the warehouses to airports for airlifting.

The entire coordination for logistics among various stakeholders at the State level and among other agencies was under taken by IRCS NHQ. Developing situation reports and accessibility to locations was closely monitored and emerging issues were resolved to ensure on time availability of relief material at the affected locations. A 24 x 7 Control Room was also established at IRCS NHQ for exchange of information concerning the domestic appeal launched on its website.

1.4 Relief Efforts by IRCS Team/ Volunteers.

Donations amounting to approximately INR 4 crore in cash and kind were made towards the Kerala flood relief operations by Indian Red Cross State branches. IRCS, NHQ also approached various donors to obtain support for various projects planned for the relief operations.

During the relief operations, around 5000 Indian Red Cross volunteers worked in the field. In addition, six experts trained on Disaster relief Operations were sent to Kerala by IRCS NHQ to guide and assist the relief operations. This team of experts also installed three water purification units and provided training on the use of Open Data Kits (ODK) for distribution of relief material. Another trained team comprising of two WASH experts was deployed in Kerala to support the state branch.

Three water purification units were installed in Alappuzha and Kottayam districts to cater to about 1900 families and 1200 students in 3 schools.

Distribution of food and Non Food Items (NFI) kits were carried out and ODKs were used in Alappuzha, Ernakulam, Kottayam, Idukki and other affected districts.

1.5 Other Assistance/ Initiatives.

(a) Singapore Red Cross.

A four-member team of Singapore Red Cross assisted the Kerala branch in relief operations. Further, Singapore Red Cross donated 50,000 Singapore dollars (INR 25, 44,847 approx.). Installation of three hand operated water purification units donated by Singapore Red Cross was completed in three Government schools.

(b) International Federation of Red Cross and Red Crescent Societies (IFRC).

The first Disaster Relief Emergency Fund appeal for supporting relief operations in Kerala was launched on 11.8.2018 to support 2000 families. Recoupment of relief material such as tarpaulin, kitchen set and mosquito net provided by IRCS was also covered. Deployment of WASH experts and Regional Disaster Response teams was undertaken under DREF (Disaster Relief Emergency Fund).

- (c) Qatar Red Crescent
MoU with Qatar Red Crescent was signed on 27 Sep 18 for Kerala flood recovery. Capacity building and construction of Red Cross village was part of the proposal.
- (d) Kuwait Red Crescent Society.
Donation of INR 1,39,88,031 was received from Kuwait Red Crescent for Kerala Flood Relief Operation.
- (e) The Canadian Red Cross has pledged one million dollars (INR 5.5 Crores) for the DRR in communities, rebuilding & rehabilitation phase.
- (f) Sri Lanka Red Cross Society - Assistance for Well Cleaning.
During the floods, well water got contaminated by flood water and sewerage. As a remedial measure, well cleaning activity was identified as one of the primary needs in Kottayam, Alleppey and Pathanamthitta districts where people primarily depend on well water for drinking purposes and various other daily needs. Sri Lanka Red Cross Society (SLRCS) extended support with a team of 4 persons for preliminary assessment of local needs in well cleaning as well as training of volunteers for the purpose of cleaning wells. 837 wells were cleaned.
- (g) The Airbus Foundation - Airtime worth INR one crore was provided during response phase in Kerala.
- (h) Bridgestone- Supported the Livelihood projects in rubber plantations (approx INR 50 Lakhs).
- (i) Exxon Mobil- contributed INR 17 lakh for well cleaning.
- (j) HINCOL- pledged INR 35 Lakh for epidemic control and procurement of school kits.
- (k) SBI life pledged INR 1 crore Rs for cleaning and disinfection activities.
- (l) Fed_ex provided 2,700 hygiene kits.
- (m) World_Animal_Protection- Cattle feed was distributed in collaboration with World Animal Protection and Animal Husbandry department.

DETAILS OF 2ND SET OF RELIEF ITEMS CATERED FOR KERLA FLOODS

SNo	Items	Unit	From Arakkonam Warehouse (Tamil Nadu)	From Vikhroli Warehouse (Maharashtra)	Total Qty	Unit Rate (INR)	Total (INR.)
(i)	Tents	Nos	300		300	25000	7500000
(ii)	Gents Dhotis	Nos	3500	1000	4500	178	801000
(iii)	Saree	Nos	1500	1500	3000	129	387000
(iv)	Assorted Clothes	Nos	1337		1337	100	133700
(v)	Mosquito Net	Nos	1400	600	2000	245	490000
(vi)	Cotton Blanket	Nos	3500		3500	139	486500
(vii)	Towels	Nos	1500	1500	3000	79	237000
(viii)	Bed Sheet	Nos	4000		4000	139	556000
(ix)	Kitchen Sets	Sets	1000	500	1500	1630	2445000
(x)	Tarpaulin	Nos	2100		2100	870	2175000
(xi)	Water Purification Unit *	Nos.	3		3	110000	330000
(xii)	Plastic Bucket	Nos.	2000	1000	3000	129	387000
(xiii)	Stove	Nos.	80		80	380	30400
Total							15958600

Water purification unit with capacity of 700 liters per hour (Aqua Plus 700) and Tents were allocated to Kerala State branch on loan that need to be returned to Arakkonam Warehouse after use.

1.6 Disaster Response Logistic Funds – Advances to Warehouses

Working advance is used for expenses on insurance, packing, labour engagement, transport and other logistics expenditure. Working advance released from IRCS, NHQ in results in delayed dispatch of relief items and other supplies.

In view of above, it is decided that that the following working advances will be provided to warehouses for speedy movement of supplies and equipment.

Sl. No.	Warehouse	Advance (Rs.)
1	Bahadurgarh	70,000/-
2	Kolkata	40,000/-
3	Arkkonam	40,000/-
4	Viramgam	Gujarat branch supports imprest
5	Mumbai	30,000/-
6	Guwahati	30,000/-

2.0 SERV Programme

The concept of SERV Programme (erstwhile FMR Programme) is premised upon the principles of community-based disaster risk reduction (CBDRR). It recognizes that-

- Communities understand their problems and opportunities more than anyone else.
- Communities are more interested in comprehending and fixing their own problems than other external communities.
- Communities are key stakeholders in the development process of the country; hence they have to participate in the interest of their own development.
- Local communities are capable of initiating and sustaining their own community development.



Mock drill conducted by A & N UT branch

New states and districts were added this year based on their risk profile and availability of funds, resulting in 18 states in total.

SERV volunteers act as keystone participants during this community-based approach. The aim of developing SERV volunteers is to reduce disaster risks and build resilient communities, as envisaged in Sendai framework for action.

To achieve this aim, SERV volunteers support issues such as the following:

1. Providing immediate relief and response to the affected communities before additional support from the government and other agencies arrive.
2. Reducing vulnerabilities of the communities by providing training on first-aid, hygiene promotion, etc.
3. Conducting vulnerability and capacity assessment of their own communities.

2.1 Main components of SERV Programme 2018

There are four main components in SERV project in the cascading model of training–

1. Orientation of SERV Program PoA
2. Outreach activities – Mock Drills
3. Outreach activities-Health & WASH
4. Celebration of Special Days



Students of DayaNand Kanya Vidhyalaya, Girls are being trained for First Aid (Recovery Position), Saharsa, Bihar

2.2 SERV project funding

The total Expenditure report submitted by state branches amounts to INR 42,51,564/- under the SERV Program and is supported and funded by IFRC.

IRCS NHQ approached Singapore Red Cross for providing financial support for SERV Program. After their funding support, the NHQ released working advances to the target branches. The 13 branches reported expenditure of INR 2884930 after utilization.



Cleaning of the surroundings by community people under Swachh Bharat Abhiyan, Khagaria, Bihar

2.3 SERV project funding

IRCS NHQ has now decided to utilize its own funds for SERV Program 2019. Out of the 19 State branches, ICRC will support three state branches i.e. Chhattisgarh, Jammu & Kashmir and Maharashtra. IRCS NHQ provided full funding support for the remaining 10 state branches (i.e. Andaman & Nicobar, Bihar, Gujarat, Himachal Pradesh, Manipur, Telangana, Tripura, Uttar Pradesh, Uttarakhand and West Bengal) and partial funding support for Andhra Pradesh, Assam, Karnataka, Odisha and Tamil Nadu, with a total approved budget of Rs. 1,20,79,700/-.

Additionally, IFRC supported partial funding for five state branches (Andhra Pradesh, Assam, Karnataka, Odisha and Tamil Nadu) with an earmarked budget of INR 46,44,29.

3.0 Partners for Resilience (PfR) Program 2018

The Partners for Resilience (PfR) is an alliance of five Netherlands-based humanitarian, development and environmental organizations: the Netherlands Red Cross (Lead agency), CARE Netherland, Cordaid, the Red Cross/Red Crescent Climate Change Centre and Wetlands International (WI). The PfR aims to reduce the impact of natural hazards on the livelihoods of around 4,00,000 vulnerable people worldwide. The Alliance uses an integrated approach to mitigate disaster risk and enhance livelihoods, particularly by addressing climate change and ecosystem management and restoration. The alliance wants to make people less vulnerable by implementing various intervention strategies, such as:

- Stimulating sustainable economic developments
- Strengthening the capacity of local organizations and local authorities, among other things by making risk assessments, natural disaster risk management plans and warning systems
- Advocacy and stimulation of knowledge sharing between governments, civil society, knowledge institutes and the private sector in the field of natural disaster reduction and climate adaptation.

Good water resources management, especially the role of a connected and natural delta system is promoted as the key to decreasing vulnerability to floods.

Interventions are aimed at building capacities of local communities, creating an effective information base, creating and strengthening local institutions for natural-resource management and linking development policies and programmes. Partners collected evidence on the important role of community-based risk management institutions in preparedness and response.

However, PfR Partners realized the importance of Indian Red Cross Society which is led by the Netherland Red Cross and Climate Centre, Netherland, IFRC. Through International Federation of Red Cross and Red Crescent Societies (IFRC), IRCS NHQ became a major stakeholder of the PfR programme under consortium, known as the Partners for Resilience. The Strategic Partnership with IRCS NHQ is being implemented since 2016 and will be continued till 2020 in the states of Andhra Pradesh, Assam, Bihar, Odisha, Tamil Nadu, Uttarakhand, Gujarat and Himachal Pradesh.

Activities

- Orientation of PfR program Plan of Action (POA)
- Integrated Risk Management (IRM) Training to SERV Volunteers
- Updating Hazard, Vulnerability and Capacity Assessments (HVCA) and Village Disaster Management Plans (VDMP's)
- Revising and integrating IRM in Gram Panchayat Development Plan (GPDP's)
- Meetings for review of existing District Disaster Management Plan (DDMP's) and State Disaster Management Plan (SDMP's) for integrating IRM
- Facilitate updating DDMPs
- Monitoring

Heat-related illnesses and deaths in India could be minimized through better communication with vulnerable people.

3.1 Funding source for PfR Program

In order to achieve above objective, IFRC has been providing funding support of CHF 50,000 (INR 33,93,665/-) with the help of Netherland Red Cross.

Financial Statement of under PfR Programme - 2018 funded by IFRC					
S. No.	States	Approved Budget for 2018 (INR)	Proposed Working Advance in 2018 (INR)	Working Advance released (INR)	Opening balance with State branches under PfR programme 2018 (INR)
1	Andhra Pradesh	637,000	605,150	605,150	605,150
2	Assam	637,000	605,150	605,150	605,150
3	Gujarat	637,000	605,150	605,150	605,150
4	Himachal Pradesh	757,000	719,150	719,150	719,150
5	Uttarakhand	757,000	719,150	719,150	719,150
Total INR		34,25,000	32,53,750	32,53,750	32,53,750

The state branches submitted a total expenditure of Rs. 20,39,271/- under PfR Program 2018.

4.0 WASH Program 2018

The WASH project contributes to Goal 6 - Clean Water and Sanitation of the SDG in order to ensure access to clean water and sanitation for all. Specific project outcomes aim to achieve equitable access to safe and affordable drinking water; to achieve access to adequate and sustainable sanitation and hygiene for all and ending open defecation, paying special attention to the needs of women and girls and those in vulnerable situations as well as to support and strengthen the participation of local communities in improving water and sanitation management. A total of 8170 households are targeted to be covered in

Nayagarh and Ganjam districts. The project leverages and aligns its activities with the Swachh Bharat (Clean India) Mission by tapping into a multi-stakeholder partnership that includes the Republic of Korea National Red Cross, the International Federation of Red Cross and Red Crescent Societies (IFRC) and Samsung Community Chest Fund. The model of institutional arrangements that is being used to implement the project is based on a partnership with government that involves sharing the responsibilities for implementation of activities between



Teaching school students WASH practices in West Bengal State Branch

the Indian Red Cross, different government departments and stakeholders at State/district levels and sub district levels, with the Indian Red Cross retaining the responsibility for accountability to donors. Odisha Rural Development Department, District Water and Sanitation Mission, Department of School and Mass Education, Women and Child Development Department, District Administrations and Gram Panchayats (Rural Local Self Government) are key stakeholders engaged under this project to ensure the governments acknowledge their responsibility for delivery of basic social services and helps build capacity.

The WASH project was inaugurated on 27th June 2018 by Governor of Odisha in Bhuwaneshwar. The project agreement was signed on 25th Sept 2018.

Activities proposed and being undertaken

- Project Orientation of staff
- Training of staff on WASH and Community Led Total Sanitation (CLTS)
- District/Block/Gram Panchayat WASH orientation workshops
- Participatory Rural Appraisal (PRA) to understand WASH issues in villages
- Gram Panchayat meeting for WASH Plans
- Development and printing of Information Education and Communication (IEC) material
- Meetings with District Water Sanitation Mission (DWSM) for suitable Individual Household Latrine (IHHL) & Community toilet design
- Training of Junior Red Cross Volunteers in sanitation
- Hygiene and Sanitation campaigns (including CLTS)
- Menstrual Hygiene sessions for adolescent girls
- Hygiene education at schools
- MIS tool development



The Progress so far on the WASH Project

- A new team of 11 members recruited.
- Team orientation completed
- Team training completed
- 2 District level orientation meetings completed
- 1 block level meeting completed
- 2 trainings completed on Menstrual Hygiene (MH) for school girls

5.0 International Cooperation.

1. Visit by ICRC Vice President

Gilles Carbonnier, Vice President, International Committee of the Red Cross (ICRC), visited India between the 7th and 11th of January, 2019. He called upon the Secretary General, Mr. R. K. Jain during the visit along with Jeremy England, Head of the Regional Delegation of the ICRC in New Delhi. Mr. Carbonnier and Mr. Jain discussed broader issues related to the Red Cross Movement and the IRCS 2020-30 Strategy.

2. Visit by Goodwill Ambassador from Danish Red Cross

Torbjørn C. Pedersen has been traveling as a goodwill ambassador for the Danish Red Cross for the past 5 years. He is visiting every single Red Cross-National Society without using air transport. The goodwill ambassador is disseminating knowledge on Red Cross principles and its work all along his route.

3. Farewell of Mr. Jeremy England

Mr. Jeremy England, the outgoing head of delegation of the ICRC New Delhi was presented an Indian Red Cross memento at his farewell function on the 26th of February, at IRCS National Headquarters. Senior officers and staff from National Headquarters and the delegation were present.

4. Kuwait Red Crescent

A Kuwait Red Crescent (KRC) delegation headed by its Deputy Chairman, Anwar—Al—Hasawi and accompanied by Kuwaiti Ambassador to India, Jassim-Al-Najim reached Kerala to extend support to the flood victims. Chairman of IRCS Kerala, Mr. V. P Muralidharan hailed the support extended by KRC in carrying out relief work and rebuilding efforts in the state. He said that KRC is among the few global organizations along with Canadian Red Cross and Qatar Red Crescent to come to Kerala with humanitarian aid and support.

5. International Youth Exchange Programme –Japan 2018

The International Youth Exchange Programme was held in Japan from the 16th to 25th of November, 2018.

IRCS was represented by Mr. Ameya Sanjeev Kunder from Maharashtra and Ms.Vipanpreert Malhi from Punjab. The main objective of this programme was to promote mutual understanding and friendship amongst JRC/RCY members across the Asia-Pacific Region. The programme is also mandated to set an opportunity to discuss the “Role of JRC/RCY members within different communities”.

Participants interacted with the local Red Cross Youth volunteers and learned more about their activities. They also visited the disaster Preparedness Centre, where they learnt various safety procedures that need to be adopted during an earthquake. They even participated and experienced an event under an artificially simulated earthquake. The team made presentations about J/YRC

activities in India and attended basic Japanese language classes. They also visited a Japanese school as a part of the programme.

6.0 Blood Bank

Highlights of major camps:-

- A large Blood Donation Camp was conducted on 24th April 2018 by Sant Nirankari Mandal on the occasion of 'Manav Ekta Diwas'. During the year, Sant Nirankari Mandal provided a total of 2507 donors through 12 camps organized by them.



- A total number of 748 units were collected from the volunteers, during a blood donation drive at BITS, Pilani, Rajasthan, from 1st Feb. 2019 to 4th Feb. 2019. This has been an annual feature for the last 2 decades.

- Blood Donation Camp was organized in Parliament House on 13th December 2018. The occasion marked the supreme sacrifice made by Security Personnel while thwarting the terrorist attack on Parliament House on 13-12-2001. People saluted the sacrifice of the martyrs by donating blood voluntarily. Donors included family members of the martyred.



During the year 2018-19, Blood Bank- Indian Red Cross Society collected a total of 26186 units of blood out of which 24239 units were collected from voluntary blood donors. A total of 351 Blood Donation Camps were conducted at various places - Educational Institutions, Corporate Sectors, Religious, Social Organizations, Service centres etc.

The aim of the organization is to phase out replacement donors and achieve 100% voluntary blood donation in the future.

Table 1 Shows - Total No. of Camps including No. of Blood Units (2014-2015 to 2018-19)

S.No.	Organization	No. of blood units collected (in camps)				
		2014-15	2015-16	2016-17	2017-18	2018-19
a.	Colleges	4333(34)	3182(35)	3903(42)	4003 (43)	4308 (50)
b.	Schools	742(14)	249(8)	336(18)	322 (8)	116 (6)
c.	Social Organization	7212(89)	2394(111)	8411(89)	8645 (108)	7160 (92)
d.	Commercial Organization	5214(106)	4564 (111)	6138(133)	4542 (102)	5311 (111)
e.	Political Organization	551(03)	715(14)	1279(21)	221 (3)	158 (3)
f.	Lions Club	43(02)	22(1)	-	-	-
g.	Services	412(07)	816(9)	-	249 (5)	595 (8)
h.	Red Cross State Branch	46(01)	Nil	191(2)	2168 (23)	2899 (32)
i.	Banks	1130(15)	668(16)	622(9)	616 (14)	595 (15)
j.	Hotels	177(06)	469(14)	359(9)	118 (4)	113 (4)
k.	Blood Mobile Van in Public Places with NDMC at Palika Bazar	644(26)	1145(39)	597(22)	706 (35)	237 (17)
L.	Ministries	-	-	-	927 (16)	442 (9)
m.	Hospitals	-	-	-	16 (1)	81 (2)
n.	Rotary Club	-	-	-	-	16 (2)
	Total	20504(303)	20224(358)	21836(349)	22539 (362)	22031 (351)

Table 2: Total Blood Collection (2014-15 to 2018-19)

S.No		2014-15	2015-16	2016-17	2017-18	2018-19
a.	Voluntary Donors in Red Cross	3125	2866	2818	2545	2208
b.	Voluntary Donors in Camps	20504	20224	21836	22539	22031
c.	Replacement Donor in Red Cross	2218	3157	2641	1824	1947
	Total	25847	26247	27295	26908	26186
a + b.	% of Vol. Blood Collection	91.41%	88.97%	90.32%	93.22%	92.56%
c.	% of Replacement Donor	8.59%	12.02%	9.67%	06.78%	7.44%
	Total Number of Camps	303	358	349	362	351

6.1 Screening, Processing & Storage of Blood

Donor blood is tested for infectious diseases (TTIs) such as HIV, HBs Ag, VDRL & HCV and blood group serology. The screening of Transfusion Transmitted Infectious Marker (TTIs) is done by ELISA Method.

A. Testing report of infectious marker lab

Changes in Blood Screening Statistic during 2018-19:

- Total HIV Positive Blood Donors are 0.11%.
- Total HBs Ag positive Blood Donors are 0.61%.
- Total HCV positive blood is 0.39%.
- Total VDRL Positive Blood Donors are 0.22%.
- Total Malaria Positive Blood Donors are 0.003%.

B. Report of Component lab.

To ensure effective utilization of blood, Red Cross provides its users with the facility of component separation like FFP, PRP, Platelet Concentrate, Packed Cells and Cryoprecipitate, besides supplying whole blood.

Table 3: Total Blood Components Preparation

Year	Blood Components Prepared						Total Blood Component Prepared
	FFP	Plasma	Platelet Concentrate	PRP	Red Cell	Aphaeresis	
2018-19	11499	13616	6433	119	25234	6	56906

Table 4: Total Blood Components/Whole Blood/Red Cell Issues:

S. No.	Blood Component /Whole Blood/Red Cell Issued	Free A	Paid B	Total (A + B)
1	Blood Component	1516	5868	7384
2	Whole Blood/Red Cell	20587	3957	24544
	Total Issued (1+2)	22103	9825	31928

Table 5: Excess of Surplus Plasma /FFP to Reliance Life Sciences Pvt. Ltd.

1.	Excess of Plasma/FFP to Reliance Life Sciences Pvt. Ltd. (2018-19)	22984
----	--	-------

6.2 Blood Distribution (2018-19)

- A.** In the year 2018-19, 56906 Blood/Blood components were prepared. A total of 22103 units of blood components were issued free of cost to the patients admitted in Government Hospitals and other Thalassaemic and Haemophilic patients. 9825 units of blood were issued, against a processing charge, towards patients admitted in Private Hospitals/ Nursing Homes. In the year 2018-19, IRCS (NHQ) Blood Bank issued 22984 units of surplus plasma/FFP. (4215.609 litres) to Reliance Life Sciences Pvt. Ltd.

B. Thalassemia:

In Delhi, there are about 2000 registered Thalassaemic patients who are receiving blood from various Regional Centres like AIIMS, RML Hospital, Hindu Rao Hospital, LNJP Hospital, GTB Hospital and private blood banks. Out of these, 975 patients are registered with Red Cross Blood Bank and more than 200 registered patients are from outside Delhi. IRCS continues to look after approx. 50% of the Thalassaemic patients in and around Delhi and provides Blood/ Blood Components to them.

6.3 Certificate of accreditation for ISO by BIS, NABH and NABL

The IRCS (NHQ) Blood Bank has been certified by IS/ISO 9001:2015, NABH and NABL w.e.f 2012 and 2013. Routine surveillance audit for the accreditation was conducted by the auditor team in 2018- 19 by BIS, NABL and NABH for renewal of accreditation.

6.4 External Quality Assurance Programme (EQAS):

IRCS (NHQ) Blood Bank has been enrolled with SDMH, Jaipur, (BEQAS), CMC Vellore, AIIMS and Mumbai Red Cross for proficiency in infectious marker and serology testing.

6.5 Celebration of World Blood Donor Day

A one week long program (14.06.18 to 20.6.2018) was organized to enhance voluntary blood donation by spreading the message of its importance and necessity.

Visit to Model Blood Bank, IRCS by Trainees from National Institute of Biological (NIB) / Universities/ Blood Bank Officials from various States

The participants were taken for a Model Blood Bank visit to Indian Red Cross Society, New Delhi to enrich their knowledge on procedures for testing in blood services, safety parameters and information related to TQMS. The visit helps the visitors in strengthening the standards of Blood Services learnt during the training period and spread awareness while enlightening the students about blood donations. The training was imparted on: Automated Cell counter, Automated Blood grouping technique, transfusion transmitted infections (TTIs), ADR monitoring, Blood component preparation of Plasma Components and documentation of processes.



“Six Days Residential Training Program for Training of Trainers for Strengthening of Blood Services in the State of Uttar Pradesh: 23.07.18-28.07.18”



“Six Days Residential Training Program for Training of Trainers for Strengthening of Blood Services in the State of Uttar Pradesh: 23.07.18-28.07.18”

Training at Model Blood Bank, IRCS (2018-19)**6.6 Support for IRCS (NHQ) Blood Bank, Model Blood Bank (2018-19) :-**

S.No	Fund Raised through	Total Amount (Rs)
1.	<u>NACO Support through DSACS (2018-19)</u> <ul style="list-style-type: none"> • <u>Blood Transport Van</u> <ol style="list-style-type: none"> 1. Manpower support-Driver, Attendant 2. POL for Blood Transport van • <u>Blood Mobile Van</u> <ol style="list-style-type: none"> 1.Manpower support- Driver, Attendant and Cleaner. • POL - Blood Mobile Van and Bus • Manpower support for Model Blood Bank - Four Lab. Technicians, one Lab Attendant and one Counselor. • Housekeeping Manpower support • 30,000 Blood Bags (single, double, triple and quad bags. • Infectious Marker Kits (HIV, Hepatitis B and Hepatitis C). • Refresher Training for Blood Bank Staff. 	<p>1,50,000/-</p> <p>1,86,000/-</p> <p>1,92,000/-</p>
2.	<u>State Blood Transfusion Council (SBTC)</u> <ul style="list-style-type: none"> • Refreshment support to Voluntary Blood Donor @ Rs. 25/- per donor • Refreshment support to Voluntary Blood Donation Camps Organizers @ Rs. 2500/- per Camp of 75 units & above. 	<p>6,25,000/-</p> <p>5,00,000/-</p>
3.	<u>Processing Charges of blood /blood components</u> <ul style="list-style-type: none"> • Rs. 46,63,840/- collected for 4708 units including Rs. 240/-GST (for 12 units x Rs. 20/-) from the patients admitted in <u>Private Hospitals/</u> Autonomous Bodies/ Nursing Homes. • Rs. 25,27,545/- collected for 5152 units including Rs. 195/-GST (13units x Rs. 15/-) from the patients admitted in Private Ward of <u>Govt. Hospitals/</u>Private Wards of Govt. Blood Bank & Govt. Hospitals. 	76,67,675/-

	<ul style="list-style-type: none"> • Rs. 3,87,240/- collected for x-matched for 3227 units issue of blood /blood components. • Rs.19,800/- collected for Anti Body Screening for 66 unit • Rs.1250/- collected for CRYO PPT for 5-unit issue of blood components. • Rs.66,000/- collected for Apheresis for 6 unit of Platelet concentrate. • Rs.2000/- collected for Phenotyping for 4 units. 	
4.	<u>Blood Storage Centres-</u> Processing Charges for issue of blood /blood components <ul style="list-style-type: none"> • Pt. Madan Mohan Malviya Hospital • JanakPuri Super Specialty Hospital • Institute Liver &Biliary Science Hospital 	6,80,250/- 2,27,325/- 22400/-
5.	<u>M/s Reliance Life Sciences Pvt. Ltd.</u> Amount collected from M/s Reliance Life Sciences Pvt. Ltd. for the supply of surplus plasma / FFP	1,10,71,640/-
6.	<u>Donation from the company under CSR</u> Amount collected in donation from different Companies under CSR	3,87,000/-
7.	<u>Donation from the company</u> Amount received for Centrifuge Machine	34,00,000/-
8.	Grant received from Ministry of Health & Family Welfare, Govt. of India, Nirman Bhawan, New Delhi.	40,00,000/-
	Total	2,91,09,290/-

7.0 IRCS –ICRC Cooperation Activity

The International Committee of the Red Cross (ICRC) supports the IRCS-ICRC Cooperation program. Among other things, ICRC assists the Indian Red Cross Society in conducting programmes and activities to disseminate correct and proper use of Red Cross Emblem. Proper usage of emblems is critical for humanitarian work.

Other association includes conducting awareness programmes on Fundamental Principles and Geneva Conventions, Safer Access, Social Emergency Response Volunteer (SERV) Programme, First Aid programmes, Youth programmes, livelihood programme and Family News Service. The activities planned under the sector are awarded to the branches for implementation in the form of an annual plan of action.

In the year 2018 and 2019, the IRCS-ICRC cooperation activity has covered fourteen states which were assigned to conduct the following activities:

- (A) Social Emergency Response Volunteer (SERV) Programme,
- (B) Youth programme
- (C) Livelihood programme
- (D) Family News Service
- (E) Safer Access Framework (SAF)
- (F) Physical Rehabilitation
- (G) International Humanitarian Law (IHL)
- (H) Communications:

The fourteen covered states are states are (14): Assam, Andhra Pradesh, Bihar, Chhattisgarh, Gujarat, Jammu & Kashmir, Maharashtra, Manipur, Meghalaya, Odisha, Telangana, Tamil Nadu, Uttar Pradesh, West Bengal and National Headquarter.

Status of the Programme: April 2018 to March 2019.

Total Utilization of budget: ₹2.65 crore approx.

Activities at glance - 2018- 2019

A. Social & Emergency Response Volunteer (SERV) Programme -- The name and acronym of First Medical Responder (FMR) has been changed to Social Emergency Response Volunteers (SERV). It is envisioned that the SERVs will:

1. Act as First Responders in times of emergencies,
2. Educate the community to make them more resilient to disasters to which the population is vulnerable, and bridge the gap between the community and the Government programmes.

The idea of SERV is premised upon the principles of community-based disaster risk reduction. It recognizes that:

- Communities understand their problems and opportunities than anyone else.
- A community is more interested to understand their issues than anyone else's.
- A community is the key stakeholder for development of the country; hence it has to participate for their development.
- Local communities are capable of initiating and sustaining their own response to emergencies and sustenance of their work.

B. Livelihood programme: - A multiyear partnership on livelihood projects was started in 2016. It was aimed to address the diverse livelihood needs, and demands in vulnerable households/communities present the selected IRCS State Branches (Manipur, Maharashtra and Odisha & J&K). The primary approach of implementing livelihood programs is need-based, identified through participatory needs assessment in each State (women headed households in Manipur and J&K, vulnerable communities in Odisha and Maharashtra).

In the states where the support is agriculture and livestock based are trained to use the SRI technique for paddy cultivation which has increased the production 5 times than the traditional rice cultivation process. The farmers of the targeted areas are also trained by IRCS to prepare organic manure like 'Ghanjivamrit' 'Dashparni' and 'Vermicompost' to use for the agriculture which has increased the crop and vegetable

production and brought economic stability to a good level. IRCS has also assisted the landless and physically disabled farmers with Goat and Chicks as a second option of income generation.

Thus the livelihood project has covered the entire project area including landless and landholder farmers in Odisha and Maharashtra.



Chicks of Banraja breed given to Odisha beneficiary



Power loom given to female beneficiary in Manipur



Fruit and eatable shop assistance to female

In states where women beneficiaries are heading the family, they were given training on different vocations to support their livelihood in areas of embroidery cum tailoring, grocery shop, mushroom cultivation, fermented fish shop, eatery, street vendor (vegetables + fruits), power loom, piggery, artificial jewellery making etc. The beneficiaries thanked by mentioning that their life had changed as compared to the before IRCS training era. Hence it was observed, the current situation of the beneficiaries of the targeted area has improved after Indian Red Cross' intervention.

- C. Physical Rehabilitation:** Strengthening of existing physical rehabilitation center and capacity building of Orthopedic and Physiotherapy units. The project is meant to identify people with disability, make referrals, and provide assistive devices' service and follow up. ICRC will also continue to support IRCS in developing and delivering training module on "mainstreaming disability during disasters" for specific IRCS training programmes as jointly deemed suitable.
- (C) International Humanitarian Law (IHL):** Strengthening of existing physical rehabilitation centers and capacity building of Orthopedic and Physiotherapy units. The project is meant to identify people with disability, make referrals, and provide assistive devices' service and follow up. ICRC will also continue to support IRCS in developing and delivering training module on "mainstreaming disability during disasters" for specific IRCS training programmes as jointly deemed suitable.
- (D) Communications:** IRCS has recently expressed a desire to revamp their communications structure and undertaking, taking into consideration the emerging demands on IRCS as relates to institution profiling, interactions with stakeholders, partnership demands and resource mobilization.
- (E)** Consequently, ICRC will, in close collaboration with IFRC, work in partnership with IRCS NHQ to support the following:
- I. *First Aid:* The Indian Red Cross Society (IRCS) is a part of the International Red Cross and Red Crescent Movement. One of the most common activities that all national societies perform is first aid training and providing first aid cover. Today, First Aid is one of the core and crucial activities of the IRCS. This is the main strength of the Red Cross and Red Crescent Movement. The National Headquarters is regularly organizing workshops & trainings in basic FA with the aim to update the volunteers in the latest trends in this field thus contributing to strengthen the capacities of IRCS FA trainers. It helps to build up the capacity

of the IRCS Branches in India to respond to humanitarian needs both in emergencies and in day to day support of the most vulnerable people. The trained personnel are deployed in local, national and international emergencies as and when needed.

First Aid Training in NHQ : The National Headquarters with the help of funding agencies, All India Institute of Medical sciences (AIIMS), Delhi and Magen David Adom (MDA), Israel conducted 03 First Aid trainings in National Headquarters, Delhi to create master trainers. The trainees were selected from all parts of India. Apart from these the National Headquarter also organizes meetings and trainings two to three times in a year for focal persons / FA coordinators and other support staff at Headquarters, Delhi.

- II. *Family News Service/Restoring Family Link*: Restoring family links means carrying out, in those situations, a range of activities that aim to prevent separation and disappearance, restore and maintain contact between family members, and clarify the fate of persons reported missing. It also involves tracing persons unaccounted for, organizing the exchange of family news and the transmission of documents when normal means of communication have broken down, organizing family reunifications and repatriations.

Every year, the Indian Red Cross and the ICRC help hundreds of people (displaced persons, refugees, detainees and missing persons) to restore family links and to clarify the fate of missing relatives.

These services are offered to:

- a. Family members separated due to conflicts, disaster or any other situation of humanitarian need.
- b. Refugees and asylum seekers
- c. Migrants
- d. Unaccompanied children
- e. Migrants and their families

In the year 2018-19, Indian Red Cross Society National Headquarters (IRCS NHQ) supported Tamil Nadu, West Bengal, Assam, Manipur and Telangana vis-à-vis the Family News Service Programme with the help of International Committee of the Red Cross (ICRC). Beneficiaries are refugees in Tamil Nadu, migrants in West Bengal and people separated from families in disasters.

A national workshop on the Family News Service (FNS) or Restoring Family Links (RFL) was recently held for the Indian Red Cross Society state branch focal persons



to take stock of the ongoing work and discuss ideas for strengthening impact through visibility and partnerships with critical stakeholders.

The four-day workshop, hosted from 19th to 22nd November 2018, was conducted by IRCS NHQ and ICRC resource persons. It had an engaging agenda that apprised participants with the key components of FNS, mapping the emerging needs and challenges, particularly in the context of disasters, emergencies, conflicts and migration, and highlighted the need for better communication and promotion of RFL/FNS, including resource mobilization. Other activities under the programme as follows:

- In 2018-19, IRCS West Bengal state branch provided RFL/FNS service in 13 correctional homes at West Bengal
- FNS Orientation Program held at AliporeduarDist, West Bengal on 6th and 7th June, 2018. 33 participants participated from 10 different district branches where we have permission to visit correctional Homes.
- Tamil Nadu tracing officer and volunteers visited Srilankan refugee camp in the last financial year to attain tracing requests and follow up towards the old cases from Sri Lankan refugees at 13 camps; (T.N. Tracing cases figures are included in the Annexure 1)
- During the period 2018-19, many tracing cases have finalized since 2015 to 2017, the details are;
 - 2015: tracing cases (29) and RCM (167) closed
 - 2016: tracing cases (65) and RCM (663) closed
 - 2017 : tracing cases (11) and RCM (19) closed



Tamil Nadu refugee camp visits and National level FNS focal person trainings

West Bengal, orientation programs for volunteers

Annexure. 1 Following are the FNS tracing cases and RCMs details under 2018-19.

Details of Cases 2018-19

TRACING CASES 2018 – 2019				
A	B	E	F	G
Year	Total Tracing cases	Total closed	Active cases	Success rate in percentage
2018	13	3	10	23.08%
2019	19	3	16	15.8%
Total	32	6	26	18.8%
RED CROSS MESSAGES 2018 – 2019				
A	B	E	F	G
Year	Total RCMs	Total closed	Active	Success rate in percentage
2018	84	2	82	2.38%
2019	59	6	53	10.17%
Total	143	8	135	5.6%

8.0 Youth Program Brief Report

8.1 Program Background

In 2015, IRCS launched Youth Program with ICRC's support in around 88 school/colleges and 44 communities from 22 districts traversing across 10 State Branches [Maharashtra, Gujarat, Andhra Pradesh, Tamil Nadu, Odisha, Chhattisgarh, Assam, Manipur, Meghalaya and West Bengal]. The program has three key objectives –

- To enhance the understanding of the Red Cross Red Crescent Movement & its Fundamental Principles; promote peace and harmony among the youth and the selected communities.
- To strengthen the capacity of the YRC in the area of Hygiene Promotion, Household Water treatment and basic First Aid
- To increase awareness of necessary behavioral changes in the selected communities concerning Hygiene Promotion, Household Water Treatment and basic First Aid.
- The IRCS-ICRC youth program has been a novel association, that has allowed the youth to take up various leadership roles in the society.



8.2 Key activities

- Orientation session for selected Counsellors/Teachers and students as well as community members on plan of action for 2018
- Intensive & targeted BCC sessions on WASH, FA, Health.
- Strengthening linkages with government schemes/services
- Wall paintings and posters on different aspects of health and hygiene awareness and printing of material communicating behavioral change.
- Celebration of special days in school/colleges, various office branches and at community level. This was to focus on increasing awareness on Red Cross and Health issues, e.g. – World Red Cross Day, World Health Day, World Water Day, World Health Day, World Malaria Day, International Youth Day, International FA Day, World Toilet Day.



- Providing WASH materials (e.g. water filter, soap,) and FA Kits and FA Posts in the communities as per need.
- Campaigns such as “Clean School Healthy School” and “Clean Community healthy community” were successfully run in various schools and communities respectively.
- Selection of youth participation at regional/national levels as part of cap. Building & recognition

Apart from above listed activities in 2018, the youth program was launched in three additional states - Uttar Pradesh, Telangana, Jammu & Kashmir. The Program began with an orientation in the selected branches.

8.3 Key achievements

1. Improved behavior of communities towards health, hygiene & FA, in the regions where the project was initiated.
2. Increased reach of government health & other schemes/services in these communities
3. Increased capacity of youth and J/YRC units in the area of Health promotion and Promoting Red Cross.
4. Increased awareness of Red Cross, usage of its emblem and important humanitarian principles.
5. Increased volunteer base at IRCS branches.



Hand wash conducted by Assam, Red Cross Volunteers on the occasion of International Youth Day.



Clean School Healthy School program under Youth Program, Nadia Dist, West Bengal



Hand Wash elder people of Mujhpur Village conducted by Youth Volunteers, Youth Program, Gujarat.

9.0 Health Programmes

Home Health aide Course

The Indian society has witnessed several changes in the past few decades, attributed to the hyper globalisation and liberalisation of the economy. The social fabric of Indian society is witnessing a rapid change. The well-entrenched 'Joint family System' has been eroding and has been intermittently replaced by nuclear households. Moreover, the life expectancy of Indians has increased remarkably. Today, almost 7-10% percent of the Indian population belongs to the older age group.

However, as average age increases the corresponding care must be provided to elders. 20% of the elderly population suffers from dementia, especially the cohort of eighty years and above. As a result, it is a ubiquitous sight to find elderlies living solitary lives, devoid of necessary care. It is with this background that a need was felt for a group of trained, personnel who can cater to the care-needs of elderly people. They can assist them in performing their daily chores. Hence the demand for a health associate has been rising that apart from looking after elderlies, can also support specially-abled individuals. Indian Red Cross Society, with the mindset mentioned above, has started the Home Health Aide Course in collaboration with the Ministry of Skill Development and Entrepreneurship and Sir Ganga Ram hospital. Duration, of course, is 400 hours covered over four months. Minimum qualification required to join the course is matriculation. We feel proud to mention that the first batch of the course is underway with a strength of 26 students.



Hand Washing practice conducted by Odisha Red Cross youth Members to the Community members.

9.1 Certificate Course on Health Promotion Through Ayurveda and Yoga



Since time immemorial, Ayurveda and yoga are complimentary Vedic sciences which have been developing, strengthening and enriching people's lives for thousands of years. Ayurveda deals more with the health of the body, while yoga deals with relaxing and unwinding of the mind and consciousness. Both the sciences share a robust

philosophical foundation that mutually supports and offers multiple ways to prevent and heal various disorders to cleanse and rejuvenate the body. Keeping these scientific and wellness benefits in mind, the Indian Red Cross Society has formulated a highly effective course in Ayurveda and Yoga to promote the general well-being and fitness of the individual.

The Indian Red Cross Society, with the support of Department of AYUSH, M/o H & F.W, Government of India, and in collaboration with Central Council for Research in Ayurvedic Sciences (CCRAS) & Morarji Desai National Institute of Yoga (MDNIY) conducts a certificate course on “ Health Promotion through Ayurveda & Yoga” - a 50 hours, part-time certificate course) - in English medium. The classes are held twice a week, on Tuesdays & Thursdays from 6-8 PM, for three months. The course is being run since Feb 2010. Around 1251 students from 26 batches have completed the course.

9.2 Celebration of International Yoga Day

Indian Red Cross Society organized ‘YogShivir’ on 5th International day of Yoga in its compound which was attended by IRCS staff and officials, St. John Ambulance Brigade and ICRC.



10. Post Graduate Diploma in Disaster Preparedness and Rehabilitation

Since 2006, the Indian Red Cross Society is operating a part-time Post Graduate Diploma Course in Disaster Preparedness and Rehabilitation for working professionals and others. The course focuses on the development of skills and enhancing abilities of humans that can match the best practices available in the field today. The course is affiliated to the Guru Gobind Singh Indraprastha University, Delhi and is being conducted at the Disaster Management Centre, IRCS (NHQ), 1- Red Cross Road, New Delhi – 110001 from 6:00 PM – 8:00 PM on Mondays, Wednesdays and Fridays and 10:00 AM – 1:00 PM on Saturdays. During the last 12 years, more than 350 managers have been trained who in their capacity has shepherded the community towards planning, managing and coping with disasters in a planned, scientific and systematic manner. The lectures are facilitated by eminent experts in the field of Long term and immediate Response System, Early Warning System, Preparedness, Remote Sensing, GIS, GPS, Disaster Information System, Human vulnerabilities and resilience etc.

Although the program is successful, there is a need to enlarge this cadre base of trained managers to cater to the rising demand for such skilled specialists.



Nityanand Gupta memorial oration cum Alumni meet

Indian Red Cross Society organized Nityanand Gupta Memorial Oration Cum Alumni meet for alumni of Post Graduate Diploma in Disaster Preparedness and Rehabilitation.

Sh. Nityanand Gupta was student of 7th batch of Post Graduate Diploma in Disaster Preparedness & Rehabilitation Course and was on deputation to NDRF. Sh. Gupta, Second – in- Command, NDRF succumbed along with other personnel in an IAF Helicopter crash which was on relief mission during the Uttarakhand Flash Floods 2013. A special message was delivered by Dr. Akhilesh Gupta, Head, Strategic Programmes, Large Initiatives and Coordinated Action Enabler (SPLICE) and Climate Change Programme, Department of Science and Technology on Climate Change and extreme Weather events in India. He emphasised on the fact that Climate Change brings an added challenge to the disaster management community especially in the developing world. In such regions, population density is very high whereas, adaptive capacity is relatively lower. The occasion was graced by Sh R K Jain, IAS(Retd.), Secretary General Indian Red Cross Society and Sh. Marwan Jilani, Head Country Cluster, International Federation of Red Cross and Red Crescent Societies.



Hospital Services

- Maintenance of the Red Cross Library: Records were updated on a daily basis.
- Issue of library books to walking patients in the office and to the bed patients in the respective wards.
- Patients recreation room is well equipped with indoor games and musical instruments.
- Annual condemnation boards are conducted by a Board of Officers after carrying out the necessary detailment in coordination with the Se Registrar.
- Annual stock verification of stores carried out by 31 March each year.
- Conduct of monthly Patient's Tambola for walking patients.
- Conduct of diversional therapy to include Candle making, table cloth making, painting and making of paper bags.
- Counselling of patients during daily ward rounds.
- Individual counselling to including emotional guidance and therapy at Red Cross Office.
- Participation in the Monthly Patients Sammelan under chairmanship of Sr Registrar and OC Troops.

M&CW programmes of IRCS, NHQ in Four Districts of Uttarakhand

Indian Red Cross Society, National Headquarters, started its Maternity & Child Welfare programmes in 1954 to provide basic health care to the people living in backward and tribal areas of Uttarakhand State. The first Maternity and Child Welfare (M&CW) Centre was started in a village called Narendra Nagar in Tehri Garhwal region in the Himalayan ranges at an altitude of 3500ft. Over the decades, the programme was expanded to 3 more regions in Jaunsar-Bawar region (Dehra Dun District), Nainital (Udhamsingh Nagar District) and Pithoragarh District especially for SC/ST, Buxa&Tharu Schedule Tribes and other weaker sections of the community, as there was no such facility available at that time.

DISTRICTS COVERED

4 Districts of Uttarakhand State namely (a) Dehradun (Jaunsar-Bawar region), (b) Tehri Garhwal, (c) Nainital (Udhamsingh Nagar) and (d) Pithoragarh are being covered under Maternity & Child Welfare activities of the Indian Red Cross Society.

ACTIVITIES

To provide services related to reproductive and child health and other basic medical facilities to the community in the region. It also aims to provide necessary health care, health and nutritional education and literacy programmes. It further aims at making the target population learn about the health issues, to take care of the pregnant mothers and new born by providing necessary education, such as -

Primary Medical Care

- Health check ups
- Deliveries/home deliveries
- Immunization programme
- Importance of breast feeding
- Motivation of Family Welfare Planning – village visits
- Education on health, hygiene & sanitation and nutrition – through village visits.
- Free early childhood education
- Nutritional feeding for children
- Vocational training-sewing/tailoring
- Adult literacy
- Supplement Govt. Pulse Polio Programme
- Ante/post-natal care

The Managing Body during its meeting held on 28 February 2018 decided that the proposal be first examined by Medical and Maternity Child Welfare committee of IRCS and the recommendation of the committee be placed before the Managing Body at its next meeting for consideration.

In accordance with the direction of Managing Body meeting a committee was constituted consisting of the following:

- Dr. Satish Pingal (Member State Managing Committee Uttarakhand)
- Mr. Harish Chandra (Member, State Managing Committee and District Disaster Management Officer)
- Dr. Shambhu Nautiyal (Member State Managing Committee)

The team visited all the hospitals, centers and Bal Vikas Kendras and thereafter submitted a detailed report with committee's findings and recommendations. To optimize the use of resources the MCW schemes in IRCS owned hospitals and centers is being revitalized.

11. Partners for Resilience (PfR) Program 2018

Partners for Resilience (PfR) is an consortium of Dutch humanitarian, development, climate and environment civil society organization (Care, Cordaid, Red Cross, Red Cross and Red Crescent Climate Centre and Wetlands International) and their partner organizations in India and eight other countries.

The PfR aims to reduce the impact of natural hazards on the livelihoods of around 4,00,000 vulnerable people worldwide. The Alliance uses an integrated approach to mitigate disaster risk and enhance livelihoods, particularly by addressing climate change and ecosystem management and restoration.

The alliance wants to make people less vulnerable by implementing various intervention strategies:-

- Stimulating sustainable economic developments
- Strengthening the capacity of local organizations and local authorities, among other things by making a risk assessment, natural disaster risk management plans and warning systems
- Advocacy and stimulation of knowledge sharing between governments, civil society, knowledge institutes and the private sector in the field of natural disaster reduction and climate adaptation.

IRCS NHQ became a major stakeholder of the PfR programme under consortium, known as the Partners for Resilience. The Strategic Partnership with IRCS NHQ has implemented since 2016 in Gujarat, Himachal Pradesh and Uttarakhand and will be continued till 2020. In 2018, another three state branches were included (i.e. Assam, Andhra Pradesh and Tamil Nadu) and it will be continued till 2020.

The Partnership will undertake activities to respond to the policy, practice and investment gaps that limit application of IRM approaches. The training has been designed to fulfill the following purposes:

- To introduce the basic concepts of Integrated Risk Management (IRM), i.e. Risk Reduction, Climate Change Adaptation and Ecosystem Management, to protect lives and livelihoods while ensuring gender and social inclusion.
- To trigger development of implementation plan of field partners on policy engagement, investment, and practices.

Actions to be adopted by Indian Red Cross Society:

Implementation of the climate resilience through Partners for Resilience Programme (PfR) is being carried out in the following states of India in 2018:

Assam, Andhra Pradesh, Tamil Nadu, Uttarakhand, Himachal Pradesh, Gujarat

INDIAN RED CROSS SOCIETY, GUJARAT STATE BRANCH

Indian Red Cross Society, Gujarat State Branch along with its 33 District Branches and 61 Taluka Branches continued to render useful services for the benefit of the community during the year 2018-19. Noteworthy progress has been achieved in its projects like Thalassemia & Sickle Cell Prevention Programme, TB Control Project, Voluntary Blood Donation Programme, First Aid Training, etc. New projects/programmes like – Elderly Home Care Assistant Course, Home Health Attendant Course, Cervical Cancer (HPV- DNA & PAP) Screening Programme, DMLT Course, CCCH (Certificate Course in Community Health) Course, etc. have been started by the State Branch in addition to its ongoing programmes/projects.



Care and Support for Sickle Cell Disease Patients:	6476
Diabetes Test (HbA1c) for Antenatal Women:	1220427
New born Screening Programme: Total Screening -	14882
Cervical Cancer (HPV-DNA&PAP Screening Programme	
Total Screening –	2204
Positive Samples-	141

RED CROSS BLOOD BANK SERVICES:

Voluntary Blood Donation Programme of Red Cross in Gujarat has achieved tremendous progress and Annual Blood Collection by Red Cross Blood Banks crossed 1.6 Lakh units.

1111 blood units were collected.

- 18 awareness camps were organized for spreading awareness in early diagnosis, reduction of stigma and decreased transmission of TB. About 3000 people participated. Such programme was also arranged in different schools.
- Important days like World Health Day - 7th April 2018, World Red Cross – Red Crescent Day – 8th May 2018, Anti TB Week in February 2019, World TB Day – 24th March 2019, were celebrated.

Elderly Home Care Assistant Course



Gujarat State Branch of Indian Red Cross Society with the support of Health Department of Gujarat Government has started the “Elderly Home Care Assistant Course” of 2 months’ duration. 71 trainings have been conducted by different Red Cross Branches in the state through which 2130 persons got trained.

Home Health Attendant Course:



Gujarat State Branch of IRCS has started yet another useful activity – Home Health Attendant Course of one year duration during the year under report.

Large number of unemployed youth came forward for undergoing this training, who after training can become self-dependant as also render their services for worthy social cause.

RED CROSS SENIOR CITIZEN HOME – “VATSALYA”



34 Senior Citizens are staying with all comforts at the Red Cross Senior Citizen Home – Vatslaya.

For Health Care of the Senior Citizens, weekly medical check-up is done by experienced Doctor “Eye Check-up, Dental Check-up and ECG etc. are also arranged occasionally.

PHYSIOTHERAPY & CEREBRAL PALSY CENTRE:

Patients having various orthopedic, neurological and such other problems are being provided quality physiotherapy services by well qualified and experienced physiotherapists in Red Cross Physiotherapy Centre.

Beneficiaries during the year 2018-19:

Old patients	-	17,824
New patients	-	1,192
C.P. patients	-	31



RED CROSS ARTIFICIAL LIMB CENTRE:

Red Cross Artificial Limb Centre having modern machineries/equipment has been providing help to needy Divyangs since 1972.

Services provided during the year 2018-19:

Prosthesis	-	25
Orthosis	-	20
Wheelchairs	-	10



HI-TECH ARTIFICIAL HAND FITMENT:

This year, Hi-tech artificial hand prepared with German Technology was fitted in two young individuals.

CENTRE OF EXCELLENCE IN PHYSICAL REHABILITATION:

Gujarat Red Cross is in the process of making Artificial Limb Centre & Physiotherapy Centre as a Centre of Excellence in Physical Rehabilitation Programme with the support and guidance from ICRC and IRCS. Barrier free environment, Digital Stock Management and Patient Management System etc. are some of the new initiatives which have been implemented under this programme.



DISASTER MANAGEMENT ACTIVITIES:



75 programmes for Disaster Awareness, Mock Drill and WASH activities were organized in Ahmedabad, Gujarat State Branch on the authorization of Gujarat State Disaster Management Authority conducted First Aid Demonstration Programme in 97 schools of 16 Districts during School

Safety Week Celebration - from 25th June to 29th June 2018. 31,737 students and teachers benefitted by the programmes conducted by 32 facilitators from State D.M. Team.



During the heavy floods in Gir Somnath in the month of July 2018, Gujarat State Branch Disaster Management Team in Coordination with Gir Somnath District Branch and Una Taluka Branch distributed following relief materials to the flood affected people:

<u>Item</u>	<u>Quantity</u>
Tarpaulin	500
Kitchen Set	500
Saree	500
Blanket Cotton	500
Bucket	500
Towel	500



JUNIOR/YOUTH RED CROSS ACTIVITIES:

Vigorous efforts were made by Red Cross District/Taluka Branches in the State for enrolling more and more students into Junior/Youth Red Cross groups through Educational Institutions and to actively involve them in different Red Cross humanitarian services.



FIRST AID TRAINING:



Gujarat State Red Cross Branch successfully launched the New-Methodology Two Day First Aid Training workshop as per the module started by NHQ last year. 46 training workshops were organized through which 1238 candidates were trained. There have been 31% increase in the number of trainings and 46% in the number of persons trained during the year comparing to the previous year.

INDIAN RED CROSS SOCIETY, GOA STATE

Participated in Focal News Service during 19th to 22nd November, 2018 at National Institute of Biologicals (NIB) Noida. UP.



Medical Camp held on 29th April 2018 at Merces, Goa where 200 local villagers benefited



60 First Aid Training Programme were held during 1st April 2018 to 31st March 2019



18 Blood Donation Camps were held during 1st April 2018 to 31st March 2019

Organised Goa Police Award Programme "SWABHIMAN" in collaboration with Rajeshri Creations, Ponda and presented Awards to Police Personnel for their outstanding performance and meritorious service. The function



Awareness Talk on Adolescent Health at IRCS, Panaji for the School Children, held on 7.5.2018



INDIAN RED CROSS SOCIETY, KARNATAKA STATE BRANCH

KARNATAKA RED CROSS BLOOD BANK

During the period of 2018-19 no of camps 35330 total no of units of blood were collected via various blood donation drives.

JUNIOR RED CROSS EXAMINATION -2018

Out of 10881 Students 8652 students have cleared successfully. Junior Red Cross Examination - 2018 was held on 24th November 2018.



YOUTH RED CROSS

Activities of Youth Red Cross.

Promotion of Health, Awareness about HIV / AIDS, Awareness campaign on hazards of drug addiction, Awareness about Health programs, Service to others, Providing, First Aid for wounded / sick, Relief work during emergencies, Dissemination of Red Cross Movement, Developing Friendship, National Integration Camps, Communal harmony, Literacy campaign / youth exchange program, Understanding and accepting of Civil responsibilities.

3rd STATE LEVEL RED CROSS QUIZ COMPETITION-2018



Indian Red Cross Society, Karnataka State Branch, Youth Red Cross wing had organized it's 3rd State Level Youth Red Cross Quiz Competition on 12th January 2019 on the special occasion of National Youth Day in the auspicious presence of Sri. R.K. Jain IAS (Retd.) Secretary General, IRCS, NHQ, who inaugurated the function.

For the first time in the history of Youth Red Cross Karnataka the quiz competitions were held in the studio of Dooradarshan, Bengaluru. (May be first time in the country

under YRC).

The main aim of Red Cross Quiz Competition by the Youth Red Cross, Indian Red Cross Society, Karnataka State Branch is to build an enabling environment to implement the Youth Red Cross activities and the larger objectives of the Red Cross Movement in the institutes and Universities.

National Level Youth Red Cross Motivation and Training Camp, Karnataka-2019

Indian Red Cross Society, Karnataka State Branch, Youth Red Cross Wing had organized a National Level Youth Red Cross Motivation and Training 5 day Camp in Ballari from 23rd March 2019 to 27th March 2019.



T.B Project

Indian Red Cross Society, Karnataka State Branch Started T B Control Project – India in January 2009 Funded by USAID and UK aid through IFRC in association with Tuberculosis Association of India. Control T B Division, Ministry of Health and Family Welfare, Govt of India, WHO and IRCS. Indian Red Cross Society, NHQ has allotted TB Project to Karnataka State Branch and is operating in Mandya, Tumkur and Bengaluru Urban District. During 2018 totally 150 TB Patients were helped with nutritious food and 122 patients were treated successfully. World T B Day was observed on 24th March 2019 and drama was enacted on TB awareness. A Jaatha was also organized on this occasion.



Other Programmes and Activities:

1. Community Advocacy Training Meeting/ Education session.
2. Awareness Campaign.
3. Distribution of Care and Support packages to needy Cat- II patients.
4. Individual and Family counseling session for TB Patients and their family members.

It has been possible to put more than 150 of the Cat- II patients in the project area back on treatment and thereby preventing possible MDR. Distribution of Care and Support packages effective in making the patients adhere DOTS without default in targeted districts Bengaluru, Mandya and Tumkur.

Indicators	Number Reached			
	Bengaluru	Mandya	Tumkur	Total
Patients Reached	50	50	50	150
Volunteer Identified	05	05	05	15
Community Advocacy Meeting	20	20	20	60
Total Number of Community Members Reached Directly	1730	1507	1376	4613

FIRST AID

Life Saviour Scheme.

India records the highest number of road accidents in the Global Scenario. Also appalling is the chain of events after an accident. It is critical that injured person is provided with first aid to enable the victim to survive until victim reaches hospital. The crucial time between accidents and shifting the victim for medical care often can be the difference between life and death. In such cases the “Good Samaritans” act as “Life Saviours”. The good Samaritans need to be equipped with skills and knowledge to handle such situations until medical treatment is provided to the patient.

Labour Department, Government of Karnataka allotted 30 Districts to Indian Red Cross Society- Karnataka State Branch to train 25000 unorganised drivers under this scheme and we look forward to train more number of unorganized labourers. Indian Red Cross Society, Karnataka State Branch has conducted 139 First Aid Training classes to private organization and has trained around 4504 candidates.



INDIAN RED CROSS SOCIETY, ANDHRA PRADESH

JUNIOR AND YOUTH RED CROSS

1,135 schools were registered with an enrolment of 1,62,887 students under Junior Red Cross, and 332 colleges were registered with an enrolment of 81,278 students under Youth Red Cross during the year 2018-19.

Basic First Aid training and disseminating the principles and activities of the Red Cross movement are taken up through all JRC/YRC Volunteers in the District.

The Indian Red Cross Society, Andhra Pradesh State Branch has initiated 44 specialized activities in schools and colleges on the following aspects to enhance awareness and motivate youth to action:

1. Cleanliness, Hygiene and Green cover in the campus
2. Conservation of Energy and Water
3. Waste Management
4. Awareness on Social Concerns

10 Institutions under JRC and YRC have participated in the programme, students have actively participated in the above said activities.

FUNCTIONING OF BLOOD BANKS:

There are 18 IRCS Blood Banks in the State. During the year under report, the IRCS conducted 1,125 Blood Donation Camps and collected 82,055 Blood Units.

CONDUCT OF FIRST AID TRAINING PROGRAMMES

The IRCS, A.P.State Branch has conducted 4 First Aid Induction trainings for Doctors on 12th& 13th August, 2017, 16th& 17th December, 2017, 7th& 8th July, 2018 and 8th& 9th June, 2019 to build up a cadre of Lay Lecturers who are eligible to conduct First Aid training programmes and to certify successful completion of the training.

MEDICINE BANKS

four Medicine Banks have been opened in Bapatla, Srikakulam and Vizianagaram.

FAMILY NEWS SERVICE

The Family News Service (FNS) plays an important role in helping to re-establish or maintain contact between separated family members. As part of the network, IRCS can help a person in Andhra Pradesh to locate a missing family member in any part of the world. It is a unique service provided free of cost to the public. In Andhra Pradesh State, trained “FNS Focal personnel” are looking after the activities of restoring contact between people separated during natural or man-made calamities, with the support of IRCS, National Headquarters, New Delhi.

INDIAN RED CROSS SOCIETY, TRIPURA BRANCH

- First Aid Training Program was conducted by IRCS, Tripura State Branch for the ONGC staff at ONGC Auditorium, Badharghat:
- Volunteers of Indian Red Cross Society, Tripura State Branch took part in the Multi State Mega Mock Exercise organised by District Disaster Management Authority, West District:



- Blood Donation Camp was organised 7th May 2018 on the eve of World Red Cross Day at Agartala State Branch by IRCS, Tripura:



- Relief materials were distributed by the IRCS, Tripura State Branch to the kalbashaki (thunderstorm) affected victims at Berimura H.S. School, SidhaiMohanpur on 09.05.2018:
- Distribution of Relief material to the victims of flood at Netajinagar J.B School, Jirania on 21.05.2018



Indian Red Cross Society, Tripura State Branch and Jirania Sub-Divisional Red Cross Branch distributed the relief material to 26 families who were affected by the flood on 21.05.2018. These 26 families were selection was made along with the local administration and Panchayath on the basis of their financial conditions and the impact of the flood affect. Each of them was given a Bucket, Kitchen set and Mosquito Net, etc. in the presence of Sub Divisional Magistrate (President of IRCS, Jirania Sub-division), Chairman (Jirania Sub-Divisions), local leaders and other Red Cross Members and



- Three days of First Aid training Program under SERV program of IRCS held at SidhaiMohanpur Panchayat Samiti Hall from 9th to 11th June 2018:



- Materials distributed to 300 families affected by flood in Unokoti District
- Sabrom district flood rescue operation by Red Cross Volunteers:



- Mega Health Check- up Camp was jointly organised by Indian Red Cross Society, Jirania Sub-Divisional Branch and Rotary Club of Agartala City. 206 patients registered for check up.



- Rally International Day for Disaster Risk Reduction (IDRR) on 08/10/2018: Indian Red Cross members and volunteers took part in the Rally organized by Revenue Department, Government of Tripura.

- Rally on World Mental Health Day (10.10.2018): Indian Red Cross Volunteers participated in the Rally with the theme 'Young people and mental health in a changing world', organized by Indian Psychiatric Society, Tripura State Branch on 10th October 2018. The participants gathered



in front of Rabindra Bhavan and began their rally.

- Mock Drill Under SERV Program 2018 conducted by Indian Red Cross Society, South Tripura District Branch.



INDIAN RED CROSS SOCIETY, BIHAR STATE BRANCH

Health

Specialized Centres

1. Modern Eye care Centre Beneficiaries - 4030
2. Poly Clinic Beneficiaries – 15730
3. Blood Bank- Total blood collection - 36347 and Total issued - 33795
4. Health camp – Approx. 370

Water, Sanitation and Hygiene – 1. 50 water filters installed in 50 different schools in 15 flood prone districts under WASH project supported by ICRC. Approx. 15231 beneficiaries have been benefitted.

Hygiene promotion - events organized in schools for hygiene promotion in 15 selected flood prone districts of Bihar. Approx. 4000 beneficiaries have been benefitted.



Modern State-of-the-Art Eye Care Centre is working in Red Cross Patna under the supervision of renowned Eye Specialist of Patna from 01st July, 2018 where the needy people are getting power glass on very low price.



Up-gradation of Red Cross Polyclinic Activities-

- 1) Aid Ayurveda Section
- 2) Enhanced Homeopathic treatment
- 3) Established State-of-the-Art Eye Care Centre
- 4) Established State-of-the-Art Immunization Centre with collaboration of State Government
- 5) Up-gradation of Dental Accessories



INDIAN RED CROSS SOCIETY, Uttarakhand State Branch

1. Medical and Health Activities

- Voluntary blood donation: State took active part for voluntary blood collection by holding voluntary blood donations camps in various part of state and collected 10764 units of blood. Maximum portion of collected blood units were handed over to Govt. blood banks.
- Health camps: 22 free Health Camps have been organized and 24168 patients have been treated by its branches.

2. Disaster Management

1. Although the whole state is disaster prone, four most vulnerable districts are specially recognised by the state branch for various disaster management programmes such targeted activities of FMR at school level and training focusing on identifying hazard. These programme have been conducted by the state disaster cell in districts Chamoli, Rudrprayag, Uttarakashi and in Pithoragarh these programmes organized by districts branches.

3. Distribution of Disaster Relief Materials

2. Relief material was distributed to the district pithoragarh (Tehsil Munsyari&Dhaarchula) 100 family kits, district bageshwar (Village Kunwari) 76 family kits and district Uttarakashi 100 family kit for 2-3 July 2018 cloud burst disaster. Other then this on the request of ADM Sir' letter of Uttarakashi 50 body bags was also given to the district Uttarakashi.
4. Total 529 certificates of Senior First Aid have been distributed to respective trained successful candidates including CFMR.

INDIAN RED CROSS SOCIETY, Delhi Branch

First Aid Training

First Aid is an assistance or help at initial stage to stable or to minimize injuries and illness before arrival of a Doctor or before victim reach to Hospital. General Public should be aware how we should respond at the time of disasters, Accident, illness like heart attacks, cardiac arrest's etc. Red Cross and St. John Ambulance is doing the Public First Aid from last 60 years in the community. In Delhi Red Cross total 37365 candidates were trained in First Aid Training in 2017-18 & 34880 candidates in 2018-19.

RED CROSS HOSPITAL DURING THE FINANCIAL YEAR 2018-19 (01.04.2018 TO 31.03.2019)

1. RedCross Hospital statistical data for the year 2018-19

S.No.	2018-19
OPD	26,668
IPD	2,665
Deliveries	719
LSCS (Ceasarean)	465
Normal	254
Other Surgery	110

2. RAIN HARVESTING SYSTEM: Rain Harvesting System was laid down and certificate of its completion is yet to be issued by Delhi Jal Board. The system was inspected by DJB Engineers.
3. SOLAR PANEL SYSTEM: Solar panels (RESCO Model) were installed on the roof top to conserve the energy& functional.

INDIAN RED CROSS SOCIETY, Maharashtra State Branch

1. Kerala Flood Relief

Following relief material sent to the affected of Kerala floods: Mosquito nets, Buckets, Plastic mats, Readymade garments (for kids & ladies), Sanitary Napkins of different specifications, Medicines worth 8.2 lakhs, Rice, Dal, Cooking oil, Mix groceries, Towel, sets of plate, bowl & Spoon, Toiletries (i.e. Toothbrush, Toothpaste, Soaps etc.), Detergents powder, Torches, gumboots of different specification, Industrial Helmets, Gloves, goggles, face masks, gunny bags of towels, blankets, bedsheets, First Aid boxes with medicines, Adult diapers, Oxygen Concentrators, Ambu Bag Slicon Adult, Digital BP Apparatus, fingertip Pulseoximeter, Mannequin Full size, Mannequin Half size, Airbeds, X-Ray viewer single film, Examination gloves of different size, Suction Apparatus ¼ HP with polycarbonate bottles and Stretchers (top plastic). Apart from relief material Maharashtra State Branch had deputed 20 people(including 5 doctors + 10 nurses + 4 staff + 1 NDRT member)

2. First Aid Training Programme

A total of 43 First Aid trainings that included 676 total were organized. Our esteemed clients for the first aid training include Prison Dept., Maharashtra State Government, L & T Company, WNS, Aga Khan Development Network, Tata Projects Ltd. IRCS-NHQ and ICRC Supported Activity

3. Livelihood Project.

Agriculture based livelihood project started in November 2016 in Gondia and in 2018 in Bhandara. Farmers were assisted with seeds (Gram, Green Peas, Yellow gram & Paddy) and were trained in organic farming; SRI technique (System of rice intensification) and drums for making organic manure and fertilizer are distributed. Land less and marginal farmers were assisted with three goats each and one male goat per five families. Monitoring and veterinary services are held intermittently.

4. Livelihood Project Monitoring Report

Youth Programme: Youth programme was implemented from 2016-2018 in 4 villages of Pune and Satara. Students and teachers of four colleges / schools from villages implemented the below mentioned activities along with the Red Cross District Branch staff to induce behavioural change of community in terms of Water Health, Hygiene and Sanitation. Awareness meetings in the communities, Role Plays, Showing Red Cross documentary, Celebration of World Red Cross Day and other special days (i.e. Water Day Malaria Day, Hand Wash day, Toilet day, Environments day, First Aid day etc.) Conducted sports match in the villages, Developed and disseminated IEC Materials in the local languages, Community First Aid Trainings, Set up First Aid Posts in the Communities, Clean School Healthy School and Clean Village and Healthy Village campaign was conducted.

5. SERV (Social Emergency Response Volunteer)

SERV programme is implemented in Jalgaon, Dhule, Thane, Ulhasnagar and Mumbai from 2017. Under SERV, community level activities are carried out by the trained SERV volunteers eg. basic first aid mock drills, dos and don'ts of disasters, awareness sessions on Water, Health Hygiene and linkages to Government schemes. This trained community volunteers would be deemed as first medical responders in times of disaster to the community.

As a part of SERV, orientation sessions for 145 volunteers were conducted at Mumbai, Jalgaon and Dhule. Volunteers were instructed to plan and conduct Mock Drills, Awareness on WASH, Outreach activities and VCA in communities.

6. Strengthening Public Health System in rural region of Mahabaleshwar Taluka

Tata AIG General Insurance Company has sanctioned a grant of Rs.49,91,800/- from February 2019 to support a project to strengthen public health with a focus on water scarcity, hygiene and mal-nutrition in rural areas of Mahabaleshwar Taluka, a supplementary project to our work in the Primary Health Centres.

Indian Red Cross Society – Mumbai

1. Resource Mobilization

Under Resource Mobilization Drive, IRCS – Mumbai has received a sum of Rs 7,20,662 from School Donation Cards Drive, Donation Boxes kept at Various Locations and Donation received from Citizens of India.

2. Menstrual Hygiene Management

IRCS – Mumbai's Menstrual Hygiene Management Project reached Over 5,000 Students from Economic Weaker Section of The Society in Mumbai. This year as well IRCS – Mumbai continued with their Awareness and Distribution Program and by now Approx. 8000 girls from 65 schools and Colleges have been provided with the Annual Package of Sanitary Napkins.

3. World Red Cross Day

As part of World Red Cross Day celebrations, the branch conducted a daylong free screening camp for non- communicable Diseases. The branch also organized a Blood Donation Drive at their Blood Centre and at different spots across Mumbai. In addition to it, IRCS – Mumbai provided Mid-Day Meal to approx. 150 Baiganwadi children of Govandi.

4. Kerala Flood Relief Operation

During recent floods that caused heavy disruption in Kerala State, IRCS – Mumbai in collaboration with Jaguar Land Rover India Limited provided Hope Family Relief Kits to those affected due to floods.

5. Memorandum of Agreement between IRCS – Mumbai Blood Centre and Airports Authority of India

On 31st October' 2018, IRCS – Mumbai Blood Centre signed a Memorandum of Agreement (MOA) with Airport's Authority of India (AAI). The project mainly involves supporting and adopting lifesaving Thalassemia Day Care Centre. Under this MOA, AAI will donate Rs 4.92 crores to IRCS – Mumbai for a period of five years for the lifesaving treatment of Thalassemia.

6. Thalassemia Day Care Centre

At the thalassemia day care center, 51 children were given 1649 units of blood transfusions. These patients were provided medical advice and counselling by Dr. Naidu.

7. Blood Collection & Supply

IRCS – Mumbai Blood centre collected 5540 units of blood form April'18 to March' 19.

8. Junior Red Cross

Girguam Beach Clean-Up and Juhu Koliwada Beach Clean-Up by Youth Red Cross volunteers

9. International Youth Exchange Programme at Japan

The Japanese Red Cross organized an International Youth Exchange Programme at Tokyo from 15th to 26th November 2018. The objective of this programme was to promote International Understanding, Friendship, Social Values amongst the Junior/Youth Red Cross & Red Crescent Members in Asia Pacific region. Youth Volunteers from 20 countries participated. Youth were also given training on the Disaster Management and First Aid Ms. Ameya Kunder, Youth Red Cross Volunteer from Mumbai was selected along with Ms. Vipranpreet Malhi, Youth Red Cross Volunteer girl from Punjab. They both represented themselves as India youth delegates.

INDIAN RED CROSS SOCIETY, HARYANA STATE BRANCH

Relief Services:

Haryana State Red Cross and its District Red Cross Branches provided relief material in the form of cash and kind to needy and poor persons amounting to Rs. 4,94,45,051/- during the year 2018-19.

a) Disaster Relief Corpus Fund

Almost every District Red Cross Branches in Haryana has opened a separate saving bank account in the name of 'Disaster Relief Corpus Fund.' The corpus will be specifically utilized for the purpose of Disaster only.

b) Disaster Response Teams

Each District Red Cross Branch is having separate Disaster Response Team to meet any emergent situation in Haryana. Presently we are having trained Youth Red Cross volunteers and other Red Cross volunteers who are certified First Aiders, who are providing their selfless services to manage pre and post disaster preparedness programmes.

c) Road Safety Brigades

Road Safety Brigades have been formed under which periodically awareness campaigns have been running by the District Red Cross Branches in Haryana in collaboration with the local administration and NGOs.

d) Kerala Floods Relief

During Kerala Floods Indian Red Cross Society, Haryana State Branch has provided relief material worth of Rs. 4 crore (Cash and kind) for the flood affected people of Kerala. The Youth Red Cross volunteers of Haryana have also served their selfless services at Kerala Bhawan for unloading and uploading of relief material, they have also been appreciated by Kerala Government.

2. Blood Donation Service:

The branch organized 2561 blood donation camps and 2,29,468 units were collected during 2018-19 respectively.

a) Opening of New Blood Banks:

Presently Indian Red Cross Society, Haryana State Branch is running one blood bank at District Red Cross Branch, Panipat and the branch is in talks to open new blood banks in near future to fill up the deficiency of blood in the State.

b) Target for 1% Voluntary Blood Donor of Total Population: The branch is



General Secretary, IRCS, Haryana State Branch encouraging blood donor at Blood Donation organised by District Red Cross Society, Panchkula

working under Strategic Development Plan to achieve 1% voluntary blood donor out of total population of Haryana to meet and handle the deficiencies of Blood. (Present status 0.91% of the total population)

3. Services for the Disabled “Divyangs” Persons:

The Indian Red Cross Society, Haryana State Branch is constantly striving to achieve the target to provide artificial aids and appliances and other assistive devices to every disable of the Haryana State. In this regard following steps has been taken:

a. Artificial Aids & Appliances manufacture and Distributed:

Artificial limbs/aids & appliances provided through District Red Cross Branches manufactured in workshop and given to physically handicapped persons free of cost. During the year 2018-19 total 2568 artificial aids and appliances were distributed i.e. 356 limbs, 50 brace, 202 crutches, 344 surgical shoes, 526 calipers, 150 collars, 122 splints, 4 jackets, 22 belt and 792 other items were provided.

b. Mobile Van for PWD

The bus is being mobilized in rural/urban areas of the district accordingly to the calendar prepared and provides artificial limbs, aids & appliances for PWD’s at their door step. The Mobile Van services initiated by Red Cross Rehabilitation Centre, Faridabad and provide services to the other 4 districts i.e. Palwal, Mewat, Gurgaon and Narnaul.



Distribution of artificial Aids & Appliances to the physically challenged persons organised by District Red Cross Society, Jind

c. Distribution of Artificial Aids & Appliances

through ALIMCO, Govt. of India

Indian Red Cross Society, Haryana State Branch through its District Red Cross Branches Distributed 12871 artificial aids and appliances and other assistive devices costing to Rs. 6,70,38,397/- during the year 2018-19 to the ‘Divyangs’ disables of Haryana State in collaboration with ALIMCO, Govt. of India.

d. Cochlear Implant Under ADIP Scheme in Haryana (for Deaf & Dumb Children)

Indian Red Cross Society, Haryana State Branch has taken initiative to provide assistance in Cochlear implantation Scheme of Govt. of India, to the children. In this regard awareness derive has been initiated on World Red Cross Day in each District Red Cross Branch in Haryana. During the year 2018-19 total 108 children registered and 40 children



Distribution of Hearing Aids to the Senior Citizen during Health Camp organised by District Red Cross Society, Jind

were treated under this scheme. All the District Red Cross Branches in Haryana are providing assistance and wide publicity for promoting this scheme.

e. Services for the Mentally Challenged: -

Schools for Mentally Challenged Children are being run at Rohtak, Hisar, Sonipat Faridabad

Arpan Institute, Rohtak

The key function areas of the institute are modes of care, training and rehabilitation, development of human resources and information, guidance and consultancy to other organization in the field of mental retardation. Arpan has extended its services at block levels at Kalanaurand Sampla.

Early Intervention Programme at Hisar

The main aim and objective of this programme is to encourage and acquisition of new skills by the child to minimize the effects of handicapping condition to accelerate independent functioning of the child and to render assistance of parents in coping skills and understanding their child better.

School for Mentally Retarded Children, Faridabad

The branch has started a project "School for Mentally Retarded Children" in a joint venture with Rajasthan Association, Faridabad at Sector-14, Faridabad for the Mentally Retarded Children's. During the year 42 MR Children are availing the facilities from this school. The branch is running "Vocational Training Centre for Intellectually Challenged" in the joint venture with Bharat Vikas Parishad.⁴³ intellectually challenged children are getting different vocational training during the year 2018-2019 from this centre. The Branch has also started "Mental Health Care Centre" in a joint venture with Faridabad Industrial Association, Faridabad at Sector-14, Faridabad. The centre is providing the Health checkup and provides different therapies, counseling to improve them in all aspects. The expert/specialized staffs have been dedicatedly providing service and 2580patients availed the facilities during the year 2018-2019.

School for Mentally Retarded Children, Sonipat

The District Red Cross Society in association with Hindu Institute for Education is running a school (RUCHI) for mentally challenged children. This institute was established in 1993 in response to the need of these children. RUCHI caters to the individual needs of 75 children from all sections of the society age ranging from 4-18 years.

f. Computer Training for Handicapped in Jhajjar:

A Computer training is given to the handicapped to make them independent. Above 100 handicapped persons benefited from the computer centre during 2018-2019.

g. Service for Blind

District Red Cross Branch, Hisar is successfully running Andh Mahavidhyala since 1959. This service was started in a small room. The building for Andh Mahavidhyala

costing to Rs. 1.50 lac and was inaugurated on 19-11-1961. On an average 30 to 35 blind children benefit from this Institute by getting Educational and Vocational Training etc. and about 10 to 15 children get placements in Govt./Private sectors, every year.

- h.** Awareness about the various welfare scheme of the Government for the Disabled: Indian Red Cross Society, Haryana State Branch is providing assistance to the disabled and aware about the various welfare schemes of Government: - Provide information about the schemes of National Handicapped Finance and Development Corporation (NHFDC), Govt. of India.

4. Social Service Projects run by District Red Cross Branches in Haryana:

- i) Old Age Home:- Ambala, Panchkula, Panipat and Gurgaon (Day Care Centre) in these home old persons are taken and they are given free boarding loading and medical facilities.
- ii) Apna Ghar (Home for Destitute) in Ambala: District Red Cross Society, Ambala is running “Apna Ghar” – Home for Homeless persons at Red Cross Complex, Ambala Cantt. All the basic facilities like food, cloths, shelter etc. are being provided by the society at free of cost. During 2018-2019, 32 persons benefited from this facility.
- iii) Annapurna Project: Ambala, Panchkula, Panipat and Palwal. Under this project the poor and needy people are given food on very nominal rates.
- iv) Senior Citizen Club in Faridabad and Palwal: In this club Senior Citizens are provided shelter T.V. Library, newspapers, games, gym to make their living jolly and comfortable.
- v) Hearse Van Service: In Faridabad and Panchkula, these services are provided to transport the dead bodies from house to the place of funeral.
- vi) Medical Store: In Rewari, Jhajjar and Bhiwani, these stores sell generic Medicines at very cheap rates.
- vii) T.B. Project: The project is being run in Faridabad, Palwal and Panchkula to assist the Public Health Authorities in putting back on T.B. treatment of Cat – II patients as per guidelines by National Headquarter. During the year 2018-19, around 1630 persons benefitted.
- viii) Tikka Express Van:
 - a) Sonipat: Under this scheme the immunization of the children is done, with the coordination of health department, in slum and rural areas. The aim is to provide above 95% immunization amongst the children.
 - b) Medical Mobile Service in Gurgaon: The Medical Mobile Service are provided in rural areas. Various laboratory test are provided. This year 250 persons benefited from this service.

- c) Working Women Hostel: The Haryana Branch of the Indian Red Cross Society undertook the task of building hostels for working women in the State of Haryana with the financial assistance from Govt. of India and Govt. of Haryana in the year 1980. At present 6 Working Women Hostels are being run in the State of Haryana at Faridabad, Kurukshetra, Gurgaon, Rohtak, Jind and Sirsa to provide safe, secure and socially acceptable place for single working women, un-married, widows, divorced or separated.

4. Drug De-addiction Centres:

Indian Red Cross Society, Haryana State Branch is working for the welfare of the suffering community. In present times, drug abuse has become a serious problem almost for all the countries in the World. Three drug-de-addiction and counselling centres are being run by District Red Cross Branches i.e. Faridabad, Rohtak and Jind, detail of performance during 2018-19 is as under:

- Drug De-addiction Centre, Faridabad: Total cases registered 1106, 824 addicts detoxified, 104 Group Counselling cases, 198 individual Counselling cases, 187 Family Counselling Cases.
- Drug-de-Addiction Centre, Jind: Total cases registered 444, 259 addicts detoxified, 1115 Group Counselling cases, 2550 individual Counselling cases, 746 Family Counselling Cases.
- Drug-de-Addiction Centre, Rohtak: Total cases registered 1331, 654 addicts detoxified, 312 Group Counselling cases, 654 individual Counselling cases, 557 Family Counselling Cases.

5. Family Welfare Service:

Haryana Branch of the Indian Red Cross Society is running Family Welfare Centres both in urban and rural areas in District Red Cross Branches Ambala, Fatehabad, Jhajjar, Narnaul, Panipat, Rewari, Sirsa and Yamuna Nagar. During the year 2018-19 total 16770 persons were benefitted from these services.

6. Maternity and Child Welfare Service:

Haryana Branch of the Indian Red Cross Society works for the welfare of expectant and nursing mothers and infants through its Maternity and Child Health Centres. This is an important service which District Red Cross branches Panipat, Sirsa, Jhajjar and Yamuna Nagar provides both in urban and rural area, thus augmenting the services provided in coordination with Health Department of District. During the year 2018-19 total 1834 immunisation have been done and 137 total deliveries conducted.

7. Hospital Welfare Services:

The Red Cross Hospital Welfare Section, established with the sole objective of helping the patients and their attendants in Hospital, has its own Hospital Welfare Section consisting of local voluntary lady social workers. The Chairperson of District Hospital Welfare Section is the wife of Deputy Commissioner. The main functions of the section are to provide medical aid and financial help to the deserving needy people of the state. All District Red Cross Branches in

Haryana are providing the HWS to the needy persons of the Haryana State. During the year 2018-19 total 233 awareness camps and 192 health checkup camps have been organised in which 55820 persons benefitted from these services.

8. Junior Red Cross:

The services of Red Cross are carried over in all the schools is called Junior Red Cross services. All the students of 17,300 Govt. schools are the members of Red Cross. Membership subscription is collected from each student at the time of admission.



Youths Participating During First Aid Training Session

9. Rehabilitation and Physiotherapy Centres:

Twelve Rehabilitation Centres are being run by District Red Cross Branches Ambala, Faridabad, Kurukshetra, Karnal, Rewari, Narnaul, Rohtak, Hisar, Jind, Sirsa, Kaithal and Yamuna Nagar. Thirteen Physiotherapy Centres are provided services to the needy patients at Panchkula, Yamuna Nagar, Kurukshetra, Karnal, Faridabad, Rewari, Narnaul, Jhajjar, Hisar, Bhiwani, Jind, Sirsa and Katiahl.

10. Skill Development and Vocational Training:

- a. The District Red Cross Branches run 36 Computer Training Centers in 12 districts to provide the latest technology to the poor and deserving candidates in urban and rural areas.
- b. Kaushal Vikas Kendra (Skill Development): To train women, a Kaushal Vikas Kendra in village Chaupal, Kashilpur on 6th January, 2017 was started in which sewing, cutting, tailoring, embroidery, drawing etc. is taught. Presently 75 woman are enrolled in this centre.
- c. Under Vocational Training the un-employed girls are given Cutting and Tailoring, Vocational Training, Stitching Training, Beautician Training and Fashion Designing Training to make them self-independent for the earning livelihood:

11. Misuse of Red Cross Emblem:

Special drive has been started against misuse of Red Cross Emblem in all the districts under the Red Cross Branches in Haryana. The Youth Red Cross and Junior Red Cross units are specially instructed to make aware the general public about the emblem of Red Cross. A special drive



Volunteers of Red Cross giving message of Road Safety during the campaign run by District Red Cross Society, Gurugram

concerning the misuse of Red Cross Emblem was conducted to discourage local doctors and dispensaries from using the red cross emblem.

12. Management Information System [MIS]

Indian Red Cross Society, Haryana State Branch has introduced Management Information System (MIS) at the State Headquarters, through which each and every district is uploading the activities and relevant data.

13. Developed Two Mobile Applications (Android)

Two Mobile Applications (Android) i.e. Haryana Red Cross and St. John Ambulance (India) were developed through which the humanitarian activities of both of the institutions have been uploaded. Specifically, voluntary blood donation services and First Aid & Home Nursing Training have been promoted, presently around 8100 voluntary blood donors have been enrolled through this app. The other mobile application of St. John Ambulance Disaster Response team, Emergency First Aid Response Teams, Road Safety Brigade Teams have also been prepared to meet any emergent situation in the state of Haryana.

14. Targeted Intervention Programme for HIV/AIDS:

A project titled as Targeted Intervention Programme for HIV/AIDS have been initiated in all the 22 District Red Cross Branches of Haryana with the grant-in-aid of Health Department, Haryana. Through this project against HIV/AIDS various awareness programmes/campaign have been performed, during 2018-19. Under this project Clinical Footfall was 10345, Regular Medical Checkup 8563, Cases detected STD 491, Presumptive treatment 2743, HIV Testing 8645, VDRL 6605, Condoms Distribution 1440155, Female Sex Workers Identified 7389, Individual Counseling Session 9745 and Group Meetings 444. Apart from this various other programmes, events and training session have been organised during the year.

FDRS DATA FOR THE YEAR 2018-19 OF INDIAN RED CROSS SOCIETY, HARYANA STATE BRANCH

S.N.	PARTICULARS	DETAIL
1.	Local Units	161
2.	Total Income	8,52,24,978/-
3.	Total Expenditure	7,81,62,570/-
4.	People volunteering their time	23,25,816
5.	Paid Staff	465
6.	Members enrolled during 2018-19	61108
7.	Youths under Youth Red Cross & Junior Red Cross	2720718
8.	People Donating Blood	2,29,468 units
9.	People Trained in First Aid	1,72,568
10.	Disaster Response and early recovery	1068
11.	Disaster Risk Reduction	3,116
12.	Health	16,18,069
13.	Water, Sanitation & Hygiene	60509
14.	Social Inclusion and culture of non- violence and peace	62,460