



THROUGH HUMANITY TO PEACE



Indian Red Cross Society

(CONSTITUTED UNDER ACT XV OF 1920)

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World Health Day Message

Of all the forms of inequality, injustice in health care is the most shocking and inhuman -Martin Luther King



The world is embroiled in multiple crises – from disasters to conflict to climate emergency, threatening the right to health of millions globally, with those facing marginalization or vulnerability suffering the most.

Mahatma Gandhi once said, "Health is always the real wealth and is the corner stone for a long-lasting sustainable development".

Almost all the Sustainable Development Goals are linked in some way to health, so achieving the Sustainable Development Goals will depend heavily on ensuring the right to health.

The theme for this year World Health Day is 'My health, my right'.

The right to health is the right of everyone to the enjoyment of the highest attainable standard of physical and mental health, as enshrined in the 1966 International Covenant on Economic, Social and Cultural Rights. This includes the right of everyone to the prevention and treatment of ill health, to make decisions about one's own health and to be treated with respect and dignity and without discrimination.


The campaign highlights to champion the right of everyone, everywhere to have access to quality health services, education, and information, as well as safe drinking water, clean air, good nutrition, quality housing, decent working and environmental conditions, and freedom from discrimination.

The extreme poor and most vulnerable are often marginalised and excluded, and the extreme poor bear the greatest burden of ill health. A human rights-based system that consists of four essential components—access, availability, acceptability, and quality—is required to guarantee that people may obtain primary health care services.

Let's envision a world where all people attain the highest possible standard of health and well-being; where diversity of all kinds is celebrated; human rights are promoted, protected, and fulfilled; gender equality and health equity are the norm; and barriers to health and well-being are addressed.

As a part of world's largest humanitarian network, I urge all Red Cross branches in the country to impart its helping hand to those who are left behind, by providing immediate relief and health care services.

I Wish all Red Cross staff members and volunteers a very happy World Health Day. Stay healthy and stay blessed.


R.K. Jain, I.A.S (Retd)
Secretary General