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CONGRATULATIONS Ms. Anuradha Verma, Senior Social Worker in blood bank. We proudly present this STAR EMPLOYEE OF THE MONTH at IRCS-NHQ. She is involved in the maintenance of the day-to-day expenditures of the blood bank. She also coordinates blood donation camps and looks after the counseling of the donors. We appreciate her efforts towards maintaining the cleanliness at her work station & her surroundings.

Mr. Betman Bhandari, Canadian Red Cross delegate has set up his base in India to execute the plan of action of CRC. The CRC has been able to generate funds primarily under Covid response for Indian Red Cross Society. The support includes provision of vehicles such as; ambulances, blood collection vans, testing vans & a wearable device by which the major parameters of the health condition of a person can be centrally monitored. This wearable device project is going to be a pilot project to be implemented in the state of Kerala.

During the month of March weather in most parts of the country starts changing. The change of weather brings with itself seasonal ailments. This is the time when there is lot of temperature variation and we need to protect ourselves from the vagaries of changing season. Prepare yourself for summers by switching over to summer clothes made up of cotton & linen, add more fluids to your diet & avoid going out in the sun unnecessarily.

I am happy to inform that this month Annual plan of action (ICRC-IRCS) has been released. The branches should start preparing their plans to execute the activities.

I would like to Welcome Mr. Betman Bhandari, Canadian Red Cross delegate posted in India to execute the plan of action of CRC in the coming months.

I take this opportunity to pay homage to Mrs. Homai N. Modi, former Honorary Secretary, IRCS, Maharashtra state branch whom we lost this month. Under her able leadership the state branch achieved several milestones. May God give enough strength to the bereaved family to bear the irreparable loss.

I want to congratulate Ms. Anuradha Verma, Senior Social Worker in blood bank for being recognized as the STAR EMPLOYEE OF THE MONTH by maintaining hygiene & cleanliness at the workplace.

I would like to thank all the female Red Crossers for their dedication & commitment towards the organisation.

IRCS also bid adieu to Mr. Jan Miskoc, HoRD (acting), ICRC. We wish him good luck, health and prosperity in his life ahead. I would also like to Welcome Mr. Betman Bhandari, Canadian Red Cross delegate posted in India to execute the plan of action of CRC in the coming months.

Many significant days are observed in this month, including days of global importance like World Water Day, International Women’s Day and World Tuberculosis (TB) Day etc. The world needs strong women. A strong nation is where women stand neck to neck with men in every walk of life – be it on the personal or the professional front. I thank all the female Red Crossers for their dedication & commitment towards the organisation.

Groundwater is invisible, but its impact is visible everywhere. Out of sight, under our feet, groundwater is a hidden treasure. As climate change gets worse, groundwater will become more and more critical. I urge branches to work together to sustainably manage this precious resource. Groundwater may be out of sight, but it must be always in our minds.

Red cross Karnataka state branch completed 100 years (1921-2021) in Humanitarian Service. To commemorate the Centenary year of Red Cross Karnataka a unique postal cover was launched at the state branch office at Bangalore.

IRCS-ICRC Plan of Action, 2022 has been circulated to the IRCS, State/UT branches (Maharashtra, Assam, Manipur, J&K, Gujarat, Tamil Nadu, Meghalaya, Odisha, Telangana, West Bengal & Uttar Pradesh. The plan of action includes capacity building of the YRC volunteers in first aid & emergency response services, need based FA & emergency response services by youth volunteers, advanced PCM workshops for selected IRCS PCM facilitators, structural support, monitoring visits by state & districts, technical support visits, administrative costs support etc.

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IRCS NHQ Blood Centre

Blood is a life, pass it on!

The Month of March, 2022
Donors – 3106
Voluntary Donors in camps — 2913
Voluntary Donors in-house — 193
No. of camps— 32
Blood/Blood Components issued - 4699 units

IRCS NHQ Blood Center timings for blood donation:
Monday- Saturday (except 2nd Saturday): 9 AM - 7 PM
2nd Saturday, Sunday, Public Holidays: 10 AM - 6 PM

Note: The NHQ Blood Center is open 24/7 for the issue of blood

IRCS Staff Union- West Bengal

Blood Donation Camp organised by IRCS Staff Union- West Bengal

Awareness cum blood donation camp was observed on the 19th Foundation Day of IRCS, Imphal, West district branch.
Altogether 13 units of blood were collected.

Blood donation camp, Darrang, Assam

Blood donor felicitated at blood donation camp, Manchiryal, Telangana

Voluntary Blood donation camp, at Pebbai, Wanaparthy district, Telangana

Blood donation, Raigarh, Chhattisgarh

Blood donation camp, Koraput, Odisha.

Blood donor felicitated at blood donation camp, Manchiryal, Telangana
In March 2022 Project Managers from IRCS and IFRC met Vice Chairman, Bihar State Disaster Management Authority and Head, DRR, UNICEF and discussed the progress made in Flood Early Warning Project. UNICEF offered for collaboration at National level. Team also visited all the three target districts to review the project. In view of upcoming monsoon season it was decided in NMC meeting held on 21.3.22 that all the volunteers be activated and remaining panchayats be covered soon. Chairman, IRCS, Bihar proposed for initiating Ward level Red Cross units to strengthen the movement and delivery of alerts in remote areas. Both the states were asked to prepare timeframe for implementation of activities in coming days and submit it to National headquarters. It was also decided that insurance cover would be provided to active volunteers under this project.

**Awards Committee Meeting**

Awards Committee Meeting was held on 7th March, 2022 in virtual mode. After going through the records received from different State/UT branches the Committee finalized varied categories of awards for the year 19-20 & 20-21. These awards will be conferred during the AGM to be held shortly.

**MOU with the Universities**

A tripartite MOU was signed among Baba Ghulam Shah Badshah University, IRCS Nhq and J&K UT Branch in the month of March 2022.

**State/UT branches Meetings**

IRCS, Telangana State Managing Committee Meeting
Distribution of Relief Materials/Soaps/Masks/HP kits/Medicines/food items etc.  
War against COVID-19, floods and other disasters

Distribution of hygiene kits to TB patients, Jalandhar, Punjab

Distribution of blankets & hygiene kits, Namphing, Sikkim

Distribution of hygiene kits, Kanker, Chhattisgarh

Distribution of hygiene kits & blankets, West Siang, Arunachal Pradesh.

Distribution of hygiene kits & blankets, Arunachal Pradesh.

Distribution of blankets & hygiene kits, Pakyong district, Sikkim

Distribution of hygiene kits to school children at Shimla, Himachal Pradesh
We are grateful to all our Donors and Volunteers for their generous support for IRCS relief efforts on behalf of millions of underprivileged and vulnerable families struggling to survive in the aftermath of the COVID-19 Pandemic. Thank you for your compassion, patience and contribution.
| **Bedsheets, toothpaste, soaps, mosquito nets and other daily use items were distributed to old and needy people, Raichur, Karnataka.** |
| **Hygiene kits, kitchen sets, tarpaulins, soaps, toothbrushes, toothpaste, towels, plastics mugs etc. were handed over to the fire victims by Chairman of IRCS, Darrang district branch, Assam.** |

| **Livelihood Support Program Jeevan Dhara for Covid Affected families, Karnataka** |
| **Red Cross team visited the fire accident site, Itanagar, Arunachal Pradesh** |
| **Punjab Red Cross provided Covid related materials to its district branches** |

| **Birbhum, IRCS branch, West Bengal provided Oxygen concentrators to the patients** |
| **Oximeters being despatched from OSB warehouse in Bhubaneswar to Bhopal, Raipur and Kolkata** |
| **Hon’ble Governor & President, IRCS, Telangana state branch Dr. Tamilisai Soundararajan handed over the two-wheeler (bike) ambulances for the benefit of remote tribal habitations in inaccessible deep forest areas of Appapur & Bourapur villages in Nagar Kurnool.** |

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JRC, Counsellors Training Programme was held at various districts (Nabarangpur, Rayagada, Boudh, Sundargarh, Kendrapara, Sonepur) of Odisha.

State level training programme for untrained YRC Counsellors, Bhubaneswar, Odisha.

First aid training to counsellors during counsellor training camp at Sonepur district, Odisha.

Community level awareness cum training on DM by Bamutia West Tripura.

3-Days first aid training programme organized by IRCS, J&K branch.

First aid training, IRCS, Pune.

First aid training, IRCS, Telangana.
Savitribai Phule Pune University, Vidhyarthi Vikas Mandal and IRCS, Youth Red Cross, Pune organized one day Counsellors Training Program. 43 Counsellors from 30 different colleges attended this program.

Communications Training (Virtual mode) for IRCS State/UT branches was held on 16th March, 2022. About 40 people participated from different State/UT branches all across India. Mr. Udaya Regmi, Head of Delegation for South Asia Country Cluster Delegation, IFRC & Sh. N.K Singh Deputy Secretary, IRCS, NHQ gave the opening remarks. Facilitation was done by Antony Balmain, Communications Manager, IFRC Asia Pacific & Arabella Seebaluck, Senior Communications Officer, CCD South Asia.
WELCOME!
A hearty welcome to the new members of the Red Cross family:

Sh. Ajaybhai H. Patel, Chairman, Gujarat
Dr. Rathin Chakravarty, Chairman, IRCS, West Bengal state branch
Sh. Vijay Kumar Patil Shavanthgera, Chairman, Karnataka state branch
Sh. Vivek Bhatia, IAS, Secretary to Governor & General Secretary, Himachal Pradesh state branch
Dr. Jitendra Kumar Soni, I.A.S, Administrator, IRCS, Rajasthan state branch
Sh. Dinesh Chander Sharma, General Secretary, IRCS, Goa State Branch
Sh. Ajay Mishra (IAS retd), Chairman, Telangana Red Cross branch
MS. Sunita Rana, Chartered Accountant, IRCS, NHQ.

TRIBUTE!
With profound grief and sorrow, we inform about the sad demise of Mrs. Homai N. Modi, former Hon. Secretary, Indian Red Cross Society, Maharashtra state branch. She had also been a member of the National Managing Body. She left for her heavenly abode on 25th March, 2022. May her soul rest in peace.

Jagdish, MTS, IRCS, NHQ too passed away this month. May his soul rest in peace.

International Women's Day
A Neem tree (Azadirachta Indica) was planted by Dr. Vanshree Singh, Director Blood Bank, Indian Red Cross Society, NHQ, New Delhi on the occasion of International Women's Day. Red Cross Women in one voice spreading love finishing bias, supporting the theme for International Women's Day 2022 “Gender equality today for a sustainable tomorrow.”

World Water Day
To safeguard against the acute effects of extreme heatwave, under the guidance of Honorary Secretary IRCS, OSB CTM Suguna water kiosk points were set up for the distribution of fresh drinking water to the public at peoples congregation points at Bhubaneswar, Odisha on the occasion of World Water Day.

IRCS, Tehatta subdivision branch, West Bengal has taken up the following activities on the occasion of International Women’s Day’2022; distribution of tarpaulins, kerosene stoves, masks, hygiene kits etc. amongst the needy at Tehatta Red Cross Bhawan.

World Water Day, Dhamtari, Chhattisgarh
Distribution of Hygiene kits on World Water Day, Tehatta, West Bengal
Celebration of Important Days

**Bihar Diwas**

Blood donation and health camp was organised at Patna, Bihar on the eve of Bihar Diwas. Hon’ble CM of Bihar was the chief guest. Dr. B.B Sinha Chairman of the State Branch received the CM in Bihar Red Cross pavillion.

**Maha Shivratri**

Red Cross Odisha state branch volunteers in service at Lingaraj temple: On the eve of Mahashivaratri two days of social service camp was organized at Lingaraj Temple, Bhubaneswar, Odisha. Under the guidance of Secretary IRSC, Odisha state branch CTM Suguna different types of services like drinking water distribution, first aid service, water sprinkling service, stretcher service etc. were provided to the devotees. Keeping the covid situation in view masks were distributed to the devotees with creating awareness amongst them.

**World TB Day**

IRCS Guwahati district branch distributed clothes to needy and vulnerable people at Sukleswar Devalaya & Noonmati Hanuman temple on the occasion of Maha Shivratri.

6th Health check-up and screening camp was organized under TB Project in District Jalandhar by Punjab Red Cross branch on the occasion of World TB Day. 453 patients provided Free health check-up services on the occasion

Blood donation camp was held on the occasion of TB Day, Pandariya, Chhattisgarh

Two days awareness program on First Aid was conducted by IRCS, Imphal West district branch during Holi break.
**Health Camps**

- Indian Red Cross Society, North 24 Parganas district branch, West Bengal organised a Health Camp at Village Sulkuni.
- Free Eye check-up camp was organized by Ghatal sub-division branch of IRCS & Gandhi Mission Trust at Gholsai Shaheed Khudiram Young Sporting Club Building, Ghatal, West Bengal.
- Screening Camp was held at Jalpaiguri, West Bengal for the distribution of aids and appliances to PWDs & Senior Citizens conducted by ALIMCO and District administration, Jalpaiguri in support of IRCS, Jalpaiguri district branch.

**Miscellaneous Activities**

- Awareness cum sensitization programme was held on disaster preparedness and mitigation at Belbari Farm, TTAADC Jirania, West Tripura.
- Cleanliness drive, Dondi, Chhattisgarh.
- Cleanliness drive at Nayagarh, Odisha.
- Hon’ble Governor & President, IRCS, Telangana state branch Dr. Tamilisai Soundararajan handed over the two-wheeler (bike) ambulances for the benefit of remote tribal habitations situated in inaccessible deep forest areas of Appapur & Bourapur villages in Nagar Kurnool.
AP Red Cross Chairman visits the tribals in Nallamala forests...

On hearing a lot of woes of the primitive tribals living in Nallamala forests, AP State Branch scheduled a visit to the Nallamala forests along with a team of office bearers. The main tribals are "Chenchus", which are notified as a primitive tribal group and their population is decreasing day by day. Their habitats are located in the interior forests and very sparsely spread with less than 10 to 20 huts in a hamlet away from basic amenities, though the ITDA support them with food and other things as these tribals have a migrating habit of shifting their living huts very frequently.

Most of the hamlets are not connected by roads and the Red Cross Team hired 4-wheel drive jeeps to reach those tribals. They mainly live on the available forest produce. They do not have medical and educational facilities. The most common sight in their small hamlets is malnutrition and a number of skin diseases. Tuberculosis is predominant among Chenchus. It was found that the pollen of some weeds in the forest area is the root cause of this TB. The literacy rate is very less as the tribes are adamant to reside in plain areas with good connectivity and people.

On interacting with the tribals in the interior hamlets of the Dornala area, we observed some sectors like health and education, where Red Cross can intervene to bring a change in their living conditions and a change in their social status. Commemorating the visit of the Chairman, the local IRCS Sub-district branch of Dornala has conducted a Medical Camp with expert Doctors from Markapuram and distributed medicines and immunity-boosting food products. 150 tribal families were given kitchen sets and hygiene kits.

AP State Branch will shortly prepare a Plan of Action for providing good potable water, balanced diet, mobile medical facilities etc. to them. They also wish to counsel them to shift from forest terrains to the nearby plain areas, so that the different welfare schemes of the Government will also reach them. Red Cross strives to bring a change among this group and protect their tribe and population.

Rainbow colours make them smile...this Holi !

People of all ages are eager to immerse themselves in the spirit of one of the year's most anticipated events. There's also something about Holi that helps you forget about the stresses of everyday life and relaxes you. Experts say, Holi can be beneficial to our Mental Health and can help people forget about their troubles. Holi's kaleidoscope of colors also has a restorative influence on our emotions and energy, transforming us from the inside out. The utilization of colors during Holi is incredibly therapeutic because each color is linked to different aspects of energy, emotions, and transforming power. Colors are all around us, and they have profound psychological, physical, and emotional effects on us. For example, red promotes stability, whereas blue promotes expression and communication, and yellow promotes power and visibility.

IRCS, Bikaner, President, Sh. Bhagwati Prasad Kalal along with the Secretary Vijay Khatri & other team members from the district branch celebrated Holi Milan with the differently abled children at the rehabilitation center (Nari Niketan). On the occasion fruits & hygiene kits were distributed to them as a token of love. All seven colors of the rainbow this Holi brightened the day of these poor children. IRCS, Bikaner, district branch has decided to carry out the health checkups for these children every month at their own expenses. The team of specialist's doctors (mental, skin and general physicians) will examine these children on regular basis.

On 28th March, 2022 on the demand of the rehabilitation center a health checkup camp was organized for the children under the supervision of the Red Cross volunteers. Dr. Siddharth Aswal (General physician), Dr. VK Aswal and ENT specialist Dr. Aviral Aswal examined the children. Sh. LD Panwar Assistant director, Social Justice and Empowerment, Hon'ble Secretary Sh. Vijay Khatri and Chairman Rajendra Joshi were present on the occasion.
Media Coverage

निन्दुआ-निन्दुआ माने ला दो काफा-काफा मिन्दुआ...

लेखालीको लिपि

फोटो अप टीम पर प्रेम भरे थपे में प्रकट सीढ़ी कोरोना के एक और पीछले के निर्माण की तारीख
नये संधियों के निर्माण के लिए।

पश्चिम बंगाल से रक्तदान करेंगे नारियल वालों के लिए।

फोटो अपका प्रशासन का प्रतिकूल की बारहीं लोगों की में प्रेरित है।

ATM हैटर के नाम पर निर्माण का प्रमाण देंगे।

सीपीआई के अध्यक्ष के नाम पर प्रेम भरे थपे में प्रकट नये संधियों के निर्माण की तारीख

AP Red Cross to conduct eye checkups for kids

Red Cross takes cool initiative to combat heatwave

YRC held Counsellors Training Programme

निन्दुआ-निन्दुआ माने ला दो काफा-काफा मिन्दुआ...

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