MESSAGE

Kindness is the first dharma of a living being. By keeping the divine qualities like kindness, compassion & gentleness in our heart mankind can become more meaningful. This couplet of saint Tulsidas describes this gesture aptly- "Kindness is the root of religion, sin is the root of pride, kindness should never be abandoned so long as there is life".

World Red Cross Day is celebrated every year on 8th May to commemorate the birth anniversary of Jean-Henry Dunant, the founder of Red Cross and the joint recipient of the first Nobel Peace Prize. Every year the day is celebrated with a unique theme and myriad activities are organised across the globe around the same theme.

The theme for this year is #BeHumanKIND.

Kindness may also be described as being polite and considerate towards others. This is a quality that everyone should have. It can be anything as small as being humble and or giving someone emotional support.

You don't have to be wealthy to provide support to needy people. All you need is a good heart. Each one of us has something to offer to the world. We have to understand what it is. Mercy provides inner peace. People who do charitable work are found to be happier than those who work only for themselves.

As a part of the world's largest humanitarian network, I urge all the Red Crossers of the country to help the needy and vulnerable. I wish all Red Cross staff members and volunteers a very Happy World Red Cross Day.

(Dr. Mansukh Mandaviya)