CONGRATULATIONS to Ms. Meena Satija, who has been shortlisted as the Star employee of December 2022. She has been associated with IRCS, NHQ since 1985. She joined as Medical Lab Technologist and is currently working in the blood center, NHQ as Chief Technical Officer. We appreciate her efforts towards maintaining the cleanliness at her workstation & her surroundings.

Another 13 vehicles have been delivered to Red Cross Branches across India in December 2022.

IRCS, Telangana State Branch, Chairman Sh. Ajay Mishra, I.A.S (Retd.) made a courtesy call to Smt. Draupadi Murmu, Hon’ble President of India and President, IRCS at Raj Bhavan, Hyderabad. Hon’ble President was at Hyderabad on a official visit.

I extend my warmest wishes for a very happy, healthy, peaceful and prosperous New Year to each & every member of Red Cross fraternity including, volunteers, members, staff, officials & their families. I want to take a moment to look back on 2022 and thank you all for your contributions. I want to thank everyone, especially the thousands of volunteers, for all that you do every day to help the Red Cross Movement achieve its mission.

NHQ held meetings with Assam, Tripura, Himachal Pradesh, Odisha & Puducherry State branches for reconciliation & settlement of Working Advances to ease the process of releasing the project funds to the branches.

I am delighted to learn that the IRCS, Punjab state branch has organised a National Youth Exchange Programme. Volunteers shared their life experiences, including interactions with volunteers from other states across the country. Exchange programmes create opportunities for participants to learn from each other.

I applaud the effort made by the Andhra Pradesh State Branch, which has continued to offer relief supplies to the State's most vulnerable residents living in tribal hamlets and has also organised health check-ups and gave away medicines to those in need. Red Cross volunteers and state branch leaders should be commended for their commitment for helping the underprivileged and needy.

I congratulate Ms. Meena Satija for being named the STAR EMPLOYEE OF THE MONTH for upholding cleanliness and hygienic conditions at work. I also extend my congratulations to Dr. A. Sridhar Reddy, Chairman, IRCS Andhra Pradesh State Branch, for setting a global record for the largest-ever online pledges for blood donation from students. I admire his careful preparation and execution in setting a new Guinness Book Record.

Many important days were observed by the branches during this month, including World AIDS Day, International Volunteers Day, International Day of Persons with Disabilities and Human Rights Day. Such observations provide us with an opportunity to connect with people and raise awareness about the Red Cross movement.

I once again extend my warm greetings to all of you and wish health, happiness & prosperity.
IRCS NHQ Blood Center

**A single drop of blood can make a huge difference**

The Month of December, 2022

Donors – 2093
Voluntary Donors in camps — 1857
Voluntary Donors in-house — 236
No. of camps — 35
Blood/Blood Components issued - 6093 units

Donating Blood During COVID-19 is Safe!

IRCS NHQ Blood Center timings for blood donation:
- Monday- Saturday (except 2nd Saturday): 9 AM - 7 PM
- 2nd Saturday, Sunday, Public Holidays: 10 AM - 6 PM

Note: The NHQ Blood Center is open 24/7 for the issue of blood

Thank you, donors!

A single drop of blood can make a huge difference
Donate blood and save lives

Blood Donation Camp, Dehradun, Uttarakhand

Blood Donation Camp, Jalgaon, Maharashtra

Blood Donation Camp, Kundapura, Karnataka

Blood Donation Camp, Singrauli, M.P

Blood Donation Camp, Mahabubnagar, Telangana
In an appeal raised by IFRC, around INR 164 Crs. meant for IRCS for Covid-19 response was received by them. A part of this fund was used to provide equipment to strengthen 97 existing Blood Centres and 22 new Blood Centres in different states. The State/UT branches were consulted for the locations of 22 new Blood Centres. The equipment were provided and installed by the supplier at the final destination. Some of the equipment which were provided to blood centres are refrigerators, BCM, tube sealer, ELISA set, donor couch, refrigerated transportation boxes. These blood centres were also given blood collection vans (3 or 5 couches) which will increase voluntary blood collection in their centres.
On 1st Dec 2022, a meeting was held on; **National Society resource for integrity-related resource platform and think tank project.**

**Meetings of IRCS, NHQ**

IFRC governance held an online meeting on 20th December, 2022 with the leadership of the National Societies in Asia Pacific region. The objective of the meeting was to look back at the year gone by and get to know the priorities of the national societies in 2023. The President of IFRC Mr. Francesco Rocca, Vice President for Asia Pacific Ms. Maha Barjas Al-Barjas, Under Secretary General Mr. Xavier Castellanos Mosquera talked to the participants.

IRCS NHQ was represented by Mr. N.K Singh, Deputy Secretary, who shared the highlights of IRCS action in 2022 & the priorities of the national society in 2023.

During the month of December, the NHQ held meetings with Assam, Tripura, Himachal Pradesh, Odisha & Puducherry state branches for **reconciliation & settlement of working advances** to the branches.

**Meetings of IRCS, State/UT branches**

On 1st Dec 2022, a meeting was held on; **National Society resource for integrity-related resource platform and think tank project.**

On December 23, 2022, Pandurang K. Pole, the Divisional Commissioner for Kashmir Division, called a meeting of officers to discuss the infrastructure of the Blood Centre that the Indian Red Cross Society (IRCS) J&K had created in Srinagar.

On December 15th, 2022, Annual General Meeting of Telangana state branch was held.

We wish to caution our lay faithful against fraud text messages using social media accounts to transfer funds to “Indian Red Cross Society - Disaster Relief” bank account.

We wish to state that the Indian Red Cross Society has not authorised any individual, corporate, trust, firm or body to collect money on its behalf. All fund transfers and card payments may be done through our official website indianredcross.org only.

For those who have received similar text messages, please report to the IRCS, NHQ at 9319982104 or 9319982105

**An innovative effort involving the Commissioner of Collegiate Education and the Andhra Pradesh Red Cross...**

The Government of Andhra Pradesh will establish Inclusive Centers for the first time in the nation under the Commissioner of Collegiate Education in all Government Aided Degree Colleges in Andhra Pradesh to support the youth in battling social ills and to raise awareness on issues like human trafficking, counseling, entrepreneur development, legal literacy, and Youth Red Cross.
Distribution of Relief Materials/Soaps/Masks/HP kits/Medicines/food items etc.
War against floods and other disasters

Distribution of hygiene kits, Ballia, Uttar Pradesh

Distribution of hygiene kits, Bhopal, M.P

Distribution of relief items among fire victims by IRCS, Anantnag district branch, J & K

Distribution of tricycle, Balod, Chhattisgarh

Distribution of relief items & hygiene kits, Anakapalli district, Andhra Pradesh
Distribution of Relief Materials/Soaps/Masks/HP kits/Medicines/food items etc.
War against floods and other disasters

Distribution of relief items to fire victims by Avanigadda Red Cross branch, A.P

Distribution of blankets, Katihar, Bihar

Distribution of blankets to needy & vulnerable, Keonjhar, Odisha
Trainings & Workshops

Training of Community volunteers on disaster response, Delhi

State Red Cross Branch, Uttarakhand, organized first aid training at Adventure Wing Uttarakhand Tourism Development Board, Rishikesh

One day training program on Red cross history, movement, principles, objectives, emblem and volunteerism to the YRC volunteers in Boudh Panchayat College, Boudh Odisha

First aid & CPR training, Pune, Maharashtra

Training was provided to the officials of Airport Fire and Emergency services at Belgaum Airport, Karnataka

IRCS, Kamareddy district branch, Telangana conducted Youth Red Cross and Basic First Aid Awareness training
IRCS, Uttarakhand state branch held three days vouchers training at Dehradun, Uttarakhand.

Apada Mitra Volunteers training programme, on Disaster Management at CTI, Gokulnagar, Shipahijala, Tripura.

3 Days first aid training for Red Cross volunteers was concluded at Handwara, Kupwara district of Kashmir.

JRC Manipur, team participated in the National Youth Exchange Program at Amritsar (24-29 Dec 2022). In another activity JRC volunteers conducted a plastic-free campaign around the state branch office at Imphal.

A mock drill on fire safety was held at IRCS, NHQ on 14th Dec, 2022. The officers and staff members of the Ministry of Health & Family Welfare, IFRC and IRCS witnessed and participated in the Mock Drill.
IRCS Haryana state branch organised 6 days state-level junior training camp for girls at Shri. Nangli Bela Ashram, Bhupatwala, Rishikesh Road, Haridwar. 136 juniors and 28 counselors from several districts of Haryana participated in the training program.

IRCS, Punjab State Branch organised an Inter State Junior Red Cross Camp (National Youth Exchange Programme) from 24th to 29th December 2022 at Bharatiya Vidya Bhawan's S.L. Public School, Amritsar. In this camp 268 students and teachers from 12 different states of India participated.

First aid and CPR workshop was held for 24 students of Diploma in Mountaineering, organized by Pune University and GGIM (Giripremi) on 24th Dec 22.

IRCS, Arunachal Pradesh launched satellite OPIOID substitution therapy.

An orientation programme for junior Red Cross was conducted at North & South Goa, with 72 and 62 participants respectively.

The District Coordinators of Junior Red Cross gathered at Kottayam, Kerala and discussed about the Red Cross syllabus for the next academic year.
Celebration of Important Days

**World Aids Day**

World Aids Day was celebrated by Youth Red Cross at D. Y Patil College, Pune. 80 Students, Teachers and Staff attended the program.

**World Disability Day**

World Disability Day was celebrated by Youth Red Cross at D. Y Patil College, Pune. 80 Students, Teachers and Staff attended the program.

**CONGRATULATIONS !**

Govt. of Andhra Pradesh felicitated Dr. A. Sridhar Reddy, Chairman, IRCS Andhra Pradesh State Branch for the Red Cross cooperation in achieving Guinness World Records - online pledge for blood donation by 1,29,451 students. A record number of pledges were made within 24 hours breaking the past record of 71,121 in South Africa.

**CONGRATULATIONS !**

IRCS, Kozhikode District Hon. Treasurer, Mr. Ranjeev Kurup has won the JCI India Senior Members Association Out Standing Zone Vice Chairman Excellence Runner up award in SMA Delhi National Convention.

Dr. Harish L. Metha has resigned as Chairman of Tamilnadu state branch and the Vice Chairman Mr. Thomas V. Johns has taken temporary charge of the post.
Mr. Hugo and Mr. Manik Saha, representatives of the IFRC inspected the various activities being carried out at the Red Cross De-addiction Center premises, Sector 14, District Red Cross Society, Faridabad, Haryana.

The quarterly newsletter of the IRCS, Haryana state branch was released by Hon'ble Governor Bandaru Dattatreya at Raj Bhavan, Haryana.

Thalassemia prevention program was held at Bhavnagar, Gujarat.

TB /Health check up camp, Shastri Nagar, Rewari, Haryana.

TB eradication awareness rally, Narnaul, Haryana.

TB awareness program by district Red Cross Branch, Ambala.

A picnic and bird watching program at Sukhna reservoir near Aurangabad, Maharashtra was organised for special kids of Aarambh Autism center.

Road Safety Awareness Program, Pawal, Haryana.
Saving lives is in Amdavadi blood!

City’s Blood Donation Rate To Population 4 Times That Of India’s

Media Coverage

Lionhearts of Amdavad

Red Cross Blood Bank to felicitate ‘Champion Sheriffs’ or regular blood donors and institutes: Ahmedabad donates 4 times more blood than the national average and 2.5 times the global average.

121 centurion blood donors will be feted at a function

Blood donation is made every 2 mins and 24 seconds in Ahmedabad

Continued from Page 1

The Ahmedabad Red Cross collects a staggering 2.27 lakh blood units a year, which comes to a donation every 2 minutes and 24 seconds.

There were a total of 2,251 blood donation camps held in a year which comes down to 6 camps a day and once being held every 4 hours. In celebration this year, the Red Cross will felicitate 141 Sheriffs on January 4, a statement from the Red Cross on Monday said 40 organisations helped in organising most camps and 20 champion institutional donors have helped collect a cumulative 5,000 units of blood.

A total of 121 Centurion Blood Donors will also be felicitated. Ahmedabad now has the highest number of centurions in any city in the world.

The city has female, hard-capped as well as negative centurion blood donors. At least 2,300 donors have given blood more than 25 times.

Blood donors are true life donors. State Minister Dr V Srinivas Goud.

Inaugurating December 29, Press Minister, Minister of State for Ex-servicemen welfare, culture Dr. V. Srinivas Goud said that blood donors are real life work. Minister inaugurated the Mega Blood donation Camp of yappana Smiti organised by Ayyappa Swami in honor of yappana Smiti who on Prapthabandh as the aadhaar during the occasion the Minister said it is commendable that Lord Venkateswara blood a social responsibility. It is said that those are an in danger need and doctors are in great need. Ayyappa Swami in the event of 22 years, Ayyappa Smiti Blood Donation Camps, on this occasion, it would like to donate blood, which is a great thing. Ayyappa Swami is also donating blood a record level. It is planned to receive an award at this stage. He said that congratulated blood donors on this occasion. Red Cross Chairman Nataraj said that 22 units of blood were collected in 2 blood donation camps with the help of Red Cross and Chintamani Hospital staff. Earlier, Minister Srinivas Goud performed a short prayer on the Ayyappa Swami temple. District Collector Dr. A. S. Srinivas, District SP Minnani V. Ramesh, President Shrihar Prasad, Vice President Narayan, Major Surena, Red Cross Chairman Gopal, DCM K.D. Ranganath, Deputy Commissioner Gopal Vadey Mani Narasimhacharya and others participated in the program.