

Personal Protective Equipment Guide COVID-19

International Federation of the Red Cross Red Crescent Societies



Cleaning gloves (Heavy duty)



Apron (waterproof)



N95 mask (respirator mask)



Medical mask



Goggles



Face shield



Hospital Gown



Gloves

WHAT

WHY

Protects hands from cleaning solutions and water damage

Plastic - protects clothing from splashes. Can be worn over uniform or normal clothes

Used with medical procedure that may make COVID-19 spread in air. Not needed for everyday care

Protects mouth and nose from respiratory droplets


Protects eyes from respiratory droplets

Protects eyes and face from respiratory droplets

Protects skin and clothing.

Protects hands from respiratory droplets

PPE must be used correctly WITH with regular timely hand wash or use of alcohol hand rubs. Learn and practice correct use and disposal of PPE

Inpatient facilities								
Patient room				Triage areas			Laboratory	Transit/admin areas and tasks
Healthcare workers		Cleaners	Visitors	Health Care Workers	Patients		Laboratory technicians	All staff
Direct CARE COVID-19 patient	Aerosol generating activities COVID-19 patient	Entering room of COVID-19 patient(s)	Entering room of COVID-19 patient(s)	Preliminary screening NO direct contact	Patients with respiratory symptoms	Patients NO respiratory symptoms	Testing respiratory samples	No direct contact with COVID-19 patients
Medical mask	Respirator mask (N95 or FFP2) 	Medical mask	Medical mask	No PPE	Medical mask	No PPE	Medical mask	No PPE
Eye protection	Eye protection	Eye protection	Eye protection	Stay ONE or more metres away from patient	Stay ONE or more metres away from other people		Eye protection	Stay ONE or more metres away from patient
Gloves	Gloves	Cleaning gloves	Gloves	No-touch thermometer OR thermal image camera.			Gloves	
Gown	Gown Apron	Gown Boots or closed shoes	Gown				Gown	

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Outpatient facilities (including community clinics and medical clinics)						
Consultation room		Consultation room, waiting areas, triage		Triage	Transit/admin areas and tasks	
Healthcare workers		Cleaners	Patients		Healthcare workers	All staff
Examination - patient WITH respiratory symptoms	Examination - patient NO respiratory symptoms	After / between patients with respiratory symptoms	With respiratory symptoms	No respiratory symptoms	Preliminary screening NO direct contact with people with respiratory symptoms	No direct contact with COVID-19 patients
Medical mask	PPE according to standard precautions and risk assessment	Medical mask	Medical mask	No PPE	No PPE	No PPE
Eye protection		Eye protection			No-touch thermometer, thermal image camera.	Stay ONE or more metres away from patient
Gloves		Cleaning gloves	Stay ONE or more metres away from other people		Stay ONE or more metres away from patient	
Gown		Gown				
		Boots or closed work shoes				



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Home based care, surveillance, contact tracing, risk communications, community engagement, CBHFA etc

Home-based care - any activities			Community based activities					
Patients with respiratory symptoms	Caregiver		Healthcare workers	Daily life in area with COVID-19 transmission	Community volunteers	Surveillance, case investigation, contact tracing with community members in their own communities	Community-based surveillance volunteers	
All times	Entering room of COV-19 person NOT giving care	Providing direct care of person with COVID-19	Direct home care assistance of COVID-19 patient	People with NO respiratory symptoms	Risk communication, community engagement, health or hygiene promotion	Interview person with suspected or confirmed COVID-19. No direct contact	Interview contacts of COVID-19 patients who have NO signs of disease	CBS volunteer validating report of health risk observed
Medical mask PATIENT Stay ONE or more metres away from patient (if possible) (no mask at night and assess how mask is tolerated)	Medical mask Stay ONE or more metres away from patient (if possible)	Medical mask Gloves Apron	Medical mask HCW Medical mask Patient Eye protection Gloves Gown	No PPE	No PPE	Medical mask PATIENT Medical mask volunteer/HCW Stay ONE or more metres away from person Conduct outdoors as possible	No PPE Stay ONE or more metres away from person Conduct outdoors as possible	No PPE Stay ONE or more metres away from people Conduct outdoors as possible

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Points of entry and points of control checkpoints

Administrative areas	Screening area			Temporary isolation area		
All staff	All staff	All staff	Cleaners	All Staff	Staff / healthcare workers	Cleaners
Any activities	First screening (temperature measurement not involving direct contact)	Second screening (interviewing people with fever or clinical symptoms of COVID-19 and travel history)	When cleaning the area where travellers with fever are being screened	When entering isolation area, but NOT providing direct assistance	Providing assistance before transport to healthcare facility	When cleaning isolation area
No PPE Stay ONE or more metres away from patient	No PPE Stay ONE or more metres away from patient	Medical mask Gloves	Medical mask Eye protection Cleaning Gloves Gown Boots or closed work shoes Stay ONE or more metres away from patient	Medical mask Gloves Stay ONE or more metres away from person	Medical mask Eye protection Gloves Gown	Medical mask Eye protection Cleaning gloves Gown Boots or closed work shoes



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Ambulance transfer for people with confirmed or suspected COVID-19

Paramedics / healthcare workers	Driver		Patients		Cleaners
Transport of people with suspected or confirmed COVID-19	No contact with patient and separate driver compartment	No contact with patient and NO separate driver compartment	Assisting with loading of suspected COVID-19 patient	Transport of suspected or confirmed COVID-19 patient to health facility	After/between transport of suspected COVID-19 patients to the referral healthcare facility
Mask, respirator N95 or FFP2 Eye protection Gloves Gown Stay ONE or more metres away from patient (if possible)	No PPE required Stay ONE or more metres away from patient	Medical mask Driver Medical mask Patient	Medical mask Driver Medical mask Patient Eye protection Gloves Gown	Medical mask PATIENT	Medical mask Eye protection Cleaning gloves Gown Boots or closed work shoes

